



### **Junior Selection Process – Update (February 2017)**

Following on from the highly successful long distance February Assessments at both the NRC and Lough Rynn invites will now be issued for the March trials (NRC 25-26 March). These trials will consist of 2k racing on day 1 in small boats (1x and 2-) and possible crew boat formations for day 2.

After the trials crew boats will be nominated to race at Skibbereen Regatta before invites are issued for the Easter Camps (Dates and locations TBC) with a view to assessing potential crews for Ghent Regatta and The Junior Europeans. Some boats may also be nominated to race at Cork Regatta before final selections are confirmed for the Home Internationals, The Coupe and/or The Junior Worlds.

All other boats from the March trials not nominated in a crew boat are expected to race Skibbereen Regatta in their chosen discipline (1x or 2-) to further assess and monitor potential Home International athletes.

To acknowledge the fact that some juniors develop later in the season we are also inviting any boat that attended the February trial but was not invited to the March trial to race Skibbereen (1x or 2-) in order to monitor their progress versus crews still in the system before issuing final invites to the Easter training camps.

Any crew that was unavailable due to illness or injury and that may have developed late in the season may also enter this regatta (1x or 2-) by indicating their intention to attend by emailing the lead sweep or sculling coach and/or on the submission of a competitive 2k score.

Finally all athletes still involved in the process must submit a 2k erg score for the months of March and May (Dates TBC). Scores and screen shots must be submitted to [fran.keane@rowingireland.ie](mailto:fran.keane@rowingireland.ie) (Sweep) or [ray.morrison@rowingireland.ie](mailto:ray.morrison@rowingireland.ie) (Sculling).