

| Overall Sunday Trials Results - Ranked based on % of Gold Time within category | | | | | | | |
|---|--------------|---|--|----------------------|----------------------|------------------|--------------------------------|
| Bow number | Event | Club | Crew | 1st 3k Result | 2nd 3k Result | 6k Result | Percentage of Gold Time |
| 49 | W J 2X | Lee / Skibbereen | M. Cremen / A.Casey | 00:11:42 | 00:12:18 | 00:24:00 | 88.12% |
| 56 | Womens 1X | OCBC | S. Puspure | 00:11:51 | 00:12:49 | 00:24:40 | 86.76% |
| 11 | M J 4X | Cork/Carlow/Castleconnell/Three Castles | B.O'Flynn / J.Keating / J.Quinlan / O.Clune | 00:09:53 | 00:10:39 | 00:20:32 | 85.96% |
| 8 | LM2- | Skibb R.C. | Shane O' Driscoll/Mark O' Driscoll | 00:10:49 | 00:11:29 | 00:22:18 | 85.87% |
| 45 | W J 4X | Kenmare / Fermoy / Carlow / Workmans | G.O'Brien / A.O'Sullivan / C.Nolan / C. Browne | 00:10:58 | 00:11:50 | 00:22:48 | 85.75% |
| 57 | Womens 1X | Killorglin | M. Dukarska | 00:12:05 | 00:13:04 | 00:25:09 | 85.09% |
| 3 | Lwt Mens 2X | Skibbereen/UCD | G. O' Donovan/P. O' Donovan | 00:10:35 | 00:11:02 | 00:21:37 | 84.43% |
| 12 | M J 4X | Three Castles/ Cork/Carlow | J. McKnight/R. Quinn/E. Curtin/A. O' Toole | 00:10:10 | 00:10:48 | 00:20:58 | 84.18% |
| 2 | Lwt Mens 4X | UCD/Shandon/SMRC/Commercial | A. Goff/C. Hennessy/S. O' Connor/N. Beggan | 00:09:54 | 00:10:32 | 00:20:26 | 83.93% |
| 4 | Lwt Mens 2X | QUBC/SMRC | Beck/ O' Connor | 00:10:34 | 00:11:14 | 00:21:48 | 83.72% |
| 6 | Mens 2X | Clonmel/QUBC | D. Lynch/S. McKeown | 00:10:36 | 00:11:08 | 00:21:44 | 82.82% |
| 21 | MJ18 1X | Shandon | E. Gaffney | 00:12:07 | 00:13:09 | 00:25:16 | 82.72% |
| 47 | WJ18 4- | Fermoy / Commercial | O'Reilly / McGirr / Keogh / Maxwell | 00:11:40 | 00:12:38 | 00:24:18 | 82.72% |
| 48 | WJ18 4- | Shandon / Commercial | Kirvacs / Minehane / Dolan / MacNamara | 00:11:45 | 00:12:37 | 00:24:22 | 82.49% |
| 31 | MJ18 1X | Shandon | A. Byrne | 00:12:04 | 00:13:17 | 00:25:21 | 82.45% |
| 13 | M J18 4- | SMRC / Clonmel | O'Byrne / McKeon /O'Donnell / McKenna | 00:10:33 | 00:11:15 | 00:21:48 | 82.34% |
| 24 | MJ18 1X | Shandon | J. Dorney | 00:12:17 | 00:13:09 | 00:25:26 | 82.18% |
| 16 | M J18 2- | Waterford | | 00:11:32 | 00:12:25 | 00:23:57 | 82.05% |
| 20 | MJ18 1X | Cork | C. O' Sullivan | 00:12:14 | 00:13:15 | 00:25:29 | 82.01% |
| 23 | MJ18 1X | Lee | E. Larkin | 00:12:20 | 00:13:10 | 00:25:30 | 81.96% |
| 29 | MJ18 1X | Shandon | L. Hayes-Nally | 00:12:18 | 00:13:18 | 00:25:36 | 81.64% |
| 1 | Mens 4X | Skibb/Shandon/UCCRC/NUIG | K. Mannix/D. Begley/R. Byrne/D. Buckley | 00:09:57 | 00:10:28 | 00:20:25 | 81.31% |
| 26 | MJ18 1X | Clonmel | D. Barry-O' Donovan | 00:12:26 | 00:13:17 | 00:25:43 | 81.27% |
| 25 | MJ18 1X | Lee | T. Murphy | 00:12:20 | 00:13:23 | 00:25:43 | 81.27% |
| 27 | MJ18 1X | Portadown | N. Hull | 00:12:22 | 00:13:23 | 00:25:45 | 81.17% |
| 22 | MJ18 1X | Castleconnell | R. Hourigan | 00:12:28 | 00:13:24 | 00:25:52 | 80.80% |
| 46 | Womens 4- | UCD / Cork | Gilligan/Lambe / Mason/Hanlon | 00:11:17 | 00:11:53 | 00:23:10 | 80.72% |
| 50 | Womens 2X | NUIG/ Garda | M. Pigott / B. Larsen | 00:11:50 | 00:12:47 | 00:24:37 | 80.64% |
| 14 | M J18 4- | Commercial | Meehan / O'Toole / Jarvis / Lynch | 00:10:46 | 00:11:31 | 00:22:17 | 80.55% |
| 63 | WJ18 1X | Workmans | S. Burns | 00:13:17 | 00:14:59 | 00:28:16 | 80.48% |
| 52 | Womens 2- | UCC | Feeley/Keogh | 00:12:18 | 00:13:19 | 00:25:37 | 80.22% |
| 34 | MJ18 1X | Castleconnell | R. O' Neill | 00:12:33 | 00:13:31 | 00:26:04 | 80.18% |

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| 30 | MJ18 1X | Shandon | W. Ronayne | 00:12:37 | 00:13:28 | 00:26:05 | 80.13% |
| 10 | M Lwt 1X | QUBBC | M. Taylor | 00:12:02 | 00:13:09 | 00:25:11 | 80.01% |
| 61 | WJ18 1X | Workmans | C. Moynahan | 00:13:32 | 00:14:54 | 00:28:26 | 80.01% |
| 64 | WJ18 1X | Skibbereen | A. Keating | 00:13:27 | 00:15:03 | 00:28:30 | 79.82% |
| 51 | WLwt2X | UCD / NUIG | J. Coleman / E. Ormsby | 00:12:24 | 00:13:12 | 00:25:36 | 79.69% |
| 58 | Womens 1X | Skibbereen | E. Hegarty | 00:12:56 | 00:13:59 | 00:26:55 | 79.50% |
| 68 | WJ18 1X | Lee Valley | E. Buckley | 00:13:24 | 00:15:13 | 00:28:37 | 79.50% |
| 15 | Mens J 2X | Workmans | Bartlett/ Bartlett | 00:11:30 | 00:12:33 | 00:24:03 | 79.42% |
| 33 | MJ18 1X | RBAI | T. L | 00:12:36 | 00:13:44 | 00:26:20 | 79.37% |
| 5 | Lwt Mens 2X | UCC/UCC | S. O' Sullivan/ S. Murphy | 00:10:57 | 00:12:03 | 00:23:00 | 79.35% |
| 60 | WJ18 1X | Kenmare | E. Crowley | 00:13:35 | 00:15:07 | 00:28:42 | 79.27% |
| 62 | WJ18 1X | Workmans | A. O. D | 00:13:26 | 00:15:20 | 00:28:46 | 79.08% |
| 39 | MJ18 1X | Castleconnell | J. Desmond | 00:12:36 | 00:13:50 | 00:26:26 | 79.07% |
| 17 | M J18 2- | Shandon | | 00:11:54 | 00:12:58 | 00:24:52 | 79.02% |
| 32 | MJ18 1X | Workmans | R. MacCurtan | 00:12:43 | 00:13:44 | 00:26:27 | 79.02% |
| 35 | MJ18 1X | Castleconnell | C. Mulready | 00:12:44 | 00:13:44 | 00:26:28 | 78.97% |
| 67 | WJ18 1X | Lee | A. Lynch | 00:13:28 | 00:15:25 | 00:28:53 | 78.77% |
| 65 | WJ18 1X | Castleconnell | C. O' Brien | 00:13:47 | 00:15:11 | 00:28:58 | 78.54% |
| 53 | Womens 2- | Shannon | Tully/Carmody | 00:12:34 | 00:13:42 | 00:26:16 | 78.24% |
| 42 | MJ18 1X | Clonmel | A. Butler | 00:12:19 | 00:14:24 | 00:26:43 | 78.23% |
| 43 | MJ18 1X | CGS | H. Moore | 00:12:45 | 00:14:06 | 00:26:51 | 77.84% |
| 44 | Womens 4X | Fermoy / Bann/ QUBBC/ Mehodist | S. Bounane /K. Shirlow / O. Blundell /R. McBrinn | 00:11:25 | 00:12:10 | 00:23:35 | 77.81% |
| 28 | MJ18 1X | Carlow | R. O' Brien | 00:12:42 | 00:14:10 | 00:26:52 | 77.79% |
| 37 | MJ18 1X | Waterford | S. O' Brien | 00:13:06 | 00:13:46 | 00:26:52 | 77.79% |
| 36 | MJ18 1X | RBAI | H. Hetherington | 00:12:59 | 00:13:56 | 00:26:55 | 77.65% |
| 40 | MJ18 1X | Pres Cork | T. Murphy | 00:12:54 | 00:14:06 | 00:27:00 | 77.41% |
| 76 | WJ18 2- | Lee | | 00:12:52 | 00:15:24 | 00:28:16 | 77.12% |
| 18 | M J18 2- | Commercial/Neptune | | 00:12:17 | 00:13:13 | 00:25:30 | 77.06% |
| 9 | Mens 1X | Castleconnell | E. O' Connor | 00:12:09 | 00:13:22 | 00:25:31 | 77.01% |
| 54 | Womens 4- | BBC/NUIG | Blundel / | 00:11:49 | 00:12:30 | 00:24:19 | 76.90% |
| 80 | WJ18 2- | Cork | C | 00:12:55 | 00:15:30 | 00:28:25 | 76.72% |
| 38 | MJ18 1X | Waterford | B. Tweedy | 00:13:14 | 00:14:04 | 00:27:18 | 76.56% |
| 78 | WJ18 2- | Commercial | C | 00:13:04 | 00:15:27 | 00:28:31 | 76.45% |

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| 75 | WJ18 2- | SMRC | A | 00:13:06 | 00:15:32 | 00:28:38 | 76.14% |
| 71 | WJ18 1X | Cork | C. Mehigan | 00:13:47 | 00:16:09 | 00:29:56 | 76.00% |
| 77 | WJ18 2- | Shandon | B | 00:13:12 | 00:15:30 | 00:28:42 | 75.96% |
| 74 | WJ18 1X | Castleconnell | L. O' Brien | 00:13:58 | 00:16:04 | 00:30:02 | 75.75% |
| 69 | WJ18 1X | Cork | C. Murphy | 00:13:58 | 00:16:04 | 00:30:02 | 75.75% |
| 72 | WJ18 1X | Lee Valley | C. Cummins | 00:13:52 | 00:16:17 | 00:30:09 | 75.46% |
| 79 | WJ18 2- | Cork | D | 00:13:13 | 00:15:44 | 00:28:57 | 75.30% |
| 41 | MJ18 1X | Castleconnell | J. Donovan | 00:13:07 | 00:14:45 | 00:27:52 | 75.00% |
| 19 | M J18 2- | Neptune | | 00:12:31 | 00:13:44 | 00:26:15 | 74.86% |
| 84 | WJ18 2- | Shandon | C | 00:13:20 | 00:15:56 | 00:29:16 | 74.49% |
| 86 | Mens Senior 2- | Pres Cork A | | 00:11:28 | 00:13:23 | 00:24:51 | 74.25% |
| 7 | Mens 2X | Cork/Lee | F. O' Sullivan/D. Breen | 00:11:40 | 00:12:44 | 00:24:24 | 73.77% |
| 73 | WJ18 1X | Commercial | D. O' Toole | 00:14:11 | 00:16:42 | 00:30:53 | 73.66% |
| 83 | WJ18 2- | Cork | B | 00:13:39 | 00:16:02 | 00:29:41 | 73.44% |
| 81 | WJ18 2- | SMRC | B | 00:13:34 | 00:16:24 | 00:29:58 | 72.75% |
| 82 | WJ18 2- | Cork | A | 00:13:43 | 00:16:15 | 00:29:58 | 72.75% |
| 87 | Mens Senior 2- | Pres Cork B | | 00:11:52 | 00:13:48 | 00:25:40 | 71.88% |
| 59 | WLwt 1X | Skibbereen | D. Walsh | 00:12:23 | DNF | DNF | 0.00% |
| 70 | WJ18 1X | Cork | A. Rice | 00:13:39 | DNF | DNF | 0.00% |
| 66 | WJ18 1X | Lee | C. Synnott | 00:00:00 | 00:00:00 | DNS | 0.00% |
| 85 | Mens Senior 2- | SMRC | | 00:00:00 | 00:00:00 | DNS | 0.00% |