



ST MICHAELS ANNUAL HEAD OF THE RIVER RACE.

SATURDAY 21st FEBRUARY 2015 PROSPECTUS

You are invited to participate in the 2015 running of our Head of the River.

Venue : O Briensbridge **Distance :** 3.2 km (2 miles)

Time : Timekeepers will be in place from 9:00 until 16:00

Grades :

<i>Men</i>	<i>Senior</i>	<i>Inter</i>	<i>Club II</i>	<i>Novice</i>	<i>Junior 18</i>	<i>Junior 16</i>	<i>Junior 15</i>	<i>Masters</i>
8	X	X	X	X	X	X		X
4X-	X	X			X			X
4+/4-	X	X			X			X
4X+/4+			X	X		X		
4X+							X	
2X	X	X			X			
2-	X	X			X			
1x	X	X		X	X	X	X	X
<i>Women</i>	<i>Senior</i>	<i>Inter</i>	<i>Club II</i>	<i>Novice</i>	<i>Junior 18</i>	<i>Junior 16</i>	<i>Junior 15</i>	<i>Masters</i>
8	X	X	X	X	X	X		X
4X-	X	X			X			X
4+/4-	X	X			X			X
4X+/4+			X	X		X		
4X+							X	
2X	X	X			X			
2-	X	X			X			
1X	X	X		X	X	X	X	X

Timetable: This is a full rolling head so there are no restrictions on when you may row.

Fees : Eights - €45, Fours/Quads - €30, Pairs/Doubles - €20, Sculls - €10

Prizes : The winner of each Grade will be presented with a pennant subject to rule 3 below.

- Rules :**
1. This event is run under Rowing Ireland rules.
 2. All entries must be through the Rowing Ireland Tracker system.
 3. At least three crews/scullers must compete at each grade for the pennant to be awarded.
 4. Closing date for entries is **Wednesday 11th February 2015 at 7pm.**
 5. Each crew may row as many times as they wish. A separate entry must however be submitted in respect of each row and a different number utilised each time.
 6. Cheques payable to **St Michael's Rowing Club** should be forwarded to:
Hon Treasurer, St Michael's Rowing Club, O'Callaghan Strand, Limerick.
 7. **Fees must be paid in full before racing. Crews will not be permitted to race without the full payment of fees owed by the respective club beforehand.**
 8. A deposit of between €50 and €100 will be required depending on the number of entries each club has. This deposit will be returned upon return of all numbers to the Head of the River administration on the day.

Cancellation: In the event of bad weather a decision to proceed with / cancel the event will be made by 10am on Friday 20th February and the appropriate advice posted on the Rowing Ireland website.

Catering: To cater for all the hungry Rowers / Coaches, hot food will be served all day!

Trailer Parking St Michael's have obtained and developed the site adjacent to the Limerick Regatta field and we can now comfortably accommodate all the trailers from all Clubs' entering the St Michael's Head of the River Event. There will be no necessity to park trailers at Castleconnell Boat Club.

All Clubs are requested therefore to park their trailers and set up station at the extended Regatta Field at O'Briensbridge, Co Clare.

Please note that all payments, number distributions and results service will be carried out at the extended regatta field at O'Briensbridge only.

Queries: Please contact Pierce McGann pmcgann@indigo.ie +353-87-2615106 with any further queries etc.