

ROWING IRELAND – HOME INTERNATIONAL REGATTA 2015

SENIOR TEAM

This document gives details of the Senior Team for the Home International Regatta 2015 being held at Strathclyde Park, Scotland on 25th July 2015.

SENIOR MEN

The following Senior Men have been selected to compete for Rowing Ireland at the Home International Regatta 2015

SENIOR MEN SCULLING

1x	Luke Keating	Carlow RC
Lwt 1x	Justin Ryan	Skibbereen RC
2x	Fionnan Groome Ronan Allen	Commercial RC Garda BC
Lwt 2x	Declan O'Connor Raymond O'Mahony	St Michaels RC Waterford BC
4x	Justin Ryan Declan O'Connor Luke Keating Fionnan Groome	Skibbereen RC St Michaels RC Carlow RC Commercial RC

SENIOR MEN SWEEP

2-	Neil Gahan Colm Dowling	Commercial RC Commercial RC
Lwt 2-	TBD	
4-	Max Murphy Niall Farrell Ken McCarthy Murray Connolly	UCD BC UCD BC Skibbereen RC Skibbereen RC
4+	Andy Harrington Alex O'Riordan David O'Leary Sean O'Sullivan Gavin Connolly - Cox	UCC RC UCC RC UCC RC UCC RC Commercial RC
8+	Neil Gahan Colm Dowling Max Murphy Niall Farrell Ken McCarthy Murray Connolly Andy Harrington Alex O'Riordan Gavin Connolly - Cox	Commercial RC Commercial RC UCD BC UCD BC Skibbereen RC Skibbereen RC UCC RC UCC RC Commercial RC

The crews listed above are not listed in seat order in the boats

SENIOR WOMEN

The following Senior Women have been selected to compete for Rowing Ireland at the Home International Regatta 2015

SENIOR WOMEN SCULLING

1x	Julia Vascotto	Castleconnell BC
Lwt 1x	Sarah Quinn	Belfast BC
2x	Olivia Blundell Chloe Deyermond	Belfast BC MCB RC
Lwt 2x	Phoebe Mulligan Kirstie Turner	Belfast BC Belfast BC
4x	Sarah Quinn Phoebe Mulligan Kirstie Turner Julia Vascotto	Belfast BC Belfast BC Belfast BC Castleconnell BC

The crews listed above are not listed in seat order in the boats

SENIOR WOMEN SWEEP

2-	Michelle Lonergan Helen Ryan	Shannon RC Shannon RC
Lwt 2-	TBD	
4-	Aoife Gilligan Karen Joy Dineka Maguire Aine De Baroid	Shannon RC Shannon RC QUBLBC QUBLBC
4+	Anne O'Leary Edel Garry Martina Bracken Emma Feerick Shauna Fitz – Cox	Commercial RC Commercial RC Commercial RC Neptune RC Commercial RC
8+	Michelle Lonergan Helen Ryan Anne O'Leary Edel Garry Aoife Gilligan Karen Joy Martina Bracken Emma Feerick Shauna Fitz - Cox	Shannon RC Shannon RC Commercial RC Commercial RC Shannon RC Shannon RC Commercial RC Neptune RC Commercial RC

The crews listed above are not listed in seat order in the boats

IMPORTANT NOTES REGARDING SELECTION

Due to difficulties with the electronic timing system, the times used for selection purposes were those taken from the manual timing system. In some instances, these will differ from the times published in googledocs which was taken from the electronic timing system. In the case of the Womens Division 1 2-, times were not available for one of the heats and therefore the times for the Finals had to be used, in accordance with the published selection strategy.

COACHES

A Coach for each group will be finalised shortly.

COXES

Coxes are reminded to bring their lifejackets as it is a requirement for the regatta.

EQUIPMENT

Clubs, whose athletes are selected as part of the Home International Team, will be expected to provide equipment to the participating crews for training and competing at the Home International Regatta. Details of specific equipment required from clubs will be finalised by the coach for each group.

ATHLETE LEVY

The levy for each athlete remains unchanged at €400. The athlete levy is to be paid, in full, by 8th July 2015. It is recommended that payment is made online, using a credit card, in the electronic payment system on the Rowing Ireland website. To do this, click "Other Payments" at the end of the Rowing Ireland homepage. Choose "International Athlete Levy" from the drop-down list and follow the instructions online. Clubs are liable for payment of the athlete levy in respect of each of their athletes selected.

TRAINING

Individual coaches will be in contact with their respective team members to organise training in advance of the event.

ARRANGMENTS

A separate document detailing arrangements for the team will be issued closer to the event.

Congratulations to all athletes selected and best of luck in your preparations.

Lisa O'Callaghan
Team Manager
26th June 2015