



2016

# Grand League Regatta Series



MP/PM/LOC

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# *The Grand League Regatta Series*

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## 1.0 Regattas

The Grand League Regatta Series will take place at the following regattas: See calendar

<http://www.rowingireland.ie/wp-content/uploads/2015/12/Fixtures-Calendar-2016-Updated-December-10th-2015.pdf>

1. **Skibbereen Regatta** at the National Rowing Centre, Cork (6-8 lanes)
2. **Metropolitan Regatta** at Blessington, (6 lanes)
3. **Cork Regatta** at the National Rowing Centre, Cork (6-8 lanes)

## 2.0 Underlying Principles

**Competitive rowers want to race. Rowers get the most out of being in close races.**

The fundamental principle underpinning the GL format is to allow rowers to **compete based on their speed** which is linked to their progress developmentally. It benefits the rower and the sport to compete on this basis as opposed to a chronological (age related) basis or a wins achieved status system.

## 3.0 Grand League Racing Format

### 3.1 Divisions of Boats

Division 1 for Senior Adult and Top-end Juniors will comprise Senior, Lwt, Intermediate, Club 1 and Junior 18A grades (note – not all grades are raced in all boats),

Division 2 for Adult Novice and Developing Juniors will comprise Club 2, Junior 18B, Novice and Junior 16 grades.

#### JUNIOR 15 and JUNIOR 14

Further to Divisions 1 and 2, are the Junior 15 and Junior 14 series which will be run as separate races.

#### **Keep it Simple**

To simplify the system for the Umpires, the Commentators and the Public alike, the races have been placed into Divisions. So, for example, instead of calling the first series the Women's Senior, Lightweight, Intermediate, Club 1 and Junior 18A Quad Sculls it will be called Division 1 Women's Quad Sculls, and so on with the other series.

In the Grand League, there are two divisions which broadly equate to Senior Adult and Top end Juniors in Division 1 and Adult Novice and Developing Juniors in Division 2.

## **3.2 Grand League Race Sequencing**

### **Consistency**

Sequencing of races will be consistent from regatta to regatta. Coaches will be able to plan their race day and their season as regards these regattas well in advance.

### **Maximise Boat Usage**

The sequencing has been determined in order to allow as much boat usage as possible given the complex nature of the boats, grades, genders and categories that currently exist in Irish rowing.

### **Junior 15 and Junior 14 Races**

Junior 15 and Junior 14 races will be slotted into the sequence depending on particulars of the venue and the decision of the regatta committee. Consult the relevant regatta prospectus for details.

### **Time of races will depend on declarations**

The sequence will remain the same and the exact timing of each race series will depend on the declarations and the nature of each course. The race time will be determined after the draw.

## 1 Day Grand League Regatta Series

### Series 1

#### Morning

Women's		Quad	Scull	4 X	Division	1	Exp
Women's	Coxed	Sweep	Four	4 +	Division	1	Exp
Men's		Single	Scull	1 X	Division	2	Beg
Men's		Sweep	Pair	2 -	Division	1	Exp
Women's	Coxed	Quad	Scull	4 X +	Division	2	Beg
Men's	Coxed	Sweep	Eight	8 +	Division	2	Beg
Women's		Double	Scull	2 X	Division	1	Exp
Women's	Coxed	Sweep	Four	4 +	Division	2	Beg
Men's		Single	Scull	1 X	Division	1	Exp
Women's		Double	Scull	2 X	Division	2	Beg
Men's	Coxed	Sweep	Four	4 +	Division	1	Exp
Men's	Coxless	Sweep	Four	4 -	Division	1	Exp
Women's	Coxed	Sweep	Eight	8 +	Division	1	Exp

### Series 2

#### Afternoon

Men's		Double	Scull	2 X	Division	1	Exp
Men's	Coxed	Quad	Scull	4 X +	Division	2	Beg
Women's		Single	Scull	1 X	Division	2	Beg
Women's		Sweep	Pair	2 -	Division	1	Exp
Women's	Coxed	Sweep	Eight	8 +	Division	2	Beg
Men's	Coxed	Sweep	Four	4+	Division	2	Beg
Women's		Single	Scull	1 X	Division	1	Exp
Men's		Quad	Scull	4 X	Division	1	Exp
Men's		Double	Scull	2 X	Division	2	Beg
Women's	Coxless	Sweep	Four	4 -	Division	1	Exp
Men's	Coxed	Sweep	Eight	8 +	Division	1	Exp

## 2 Day Grand League Regatta Series

### Day 1 Morning

Women's		Single	Scull	1x	Division	1	Exp
Men's		Sweep	Pair	2-	Division	1	Exp
Men's	Coxed	Sweep	Eight	8+	Division	2	Beg
Women's	Coxed	Quad	Scull	4x+	Division	2	Beg
Men's		Single	Scull	1x	Division	1	Exp
Women's		Sweep	Pair	2-	Division	1	Exp

### Day 2 Morning

Women's	Coxless	Sweep	Four	4-	Division	1	Exp
Men's		Single	Scull	1x	Division	2	Beg
Women's		Double	Scull	2x	Division	1	Exp
Men's	Coxed	Sweep	Four	4+	Division	2	Beg
Men's		Double	Scull	2x	Division	1	Exp
Men's	Coxless	Sweep	Four	4-	Division	1	Exp

### Day 1 Afternoon

Men's		Double	Scull	2x	Division	2	Beg
Men's	Coxed	Sweep	Four	4+	Division	1	Exp
Women's	Coxed	Sweep	Eight	8+	Division	2	Beg
Women's		Quad	Scull	4x	Division	1	Exp
Women's		Double	Scull	2x	Division	2	Beg
Women's	Coxed	Sweep	Four	4+	Division	1	Exp
Men's		Quad	Scull	4x	Division	1	Exp

### Day 2 Afternoon

Women's	Coxed	Sweep	Eight	8+	Division	1	Exp
Women's		Single	Scull	1x	Division	2	Beg
Women's	Coxed	Sweep	Four	4+	Division	2	Beg
Men's	Coxed	Quad	Scull	4x+	Division	2	Beg
Men's	Coxed	Sweep	Eight	8+	Division	1	Exp

## Grades in each boat category being raced

### Events for Men:

		8+	4+	4-	4X	4X+	2-	2X	1X
<b>Division 2</b>	J14					M			M
	J15					M			M
	Novice	M				M			
	J16	M	M			M		M	M
<b>Division 1</b>	J18B	M	M			M		M	M
	Club 2	M	M			M		M	M
	J18A	M	M		M		M	M	M
	Club 1	M	M		M		M	M	M
	Inter	M	M		M		M	M	M
<b>Division 1</b>	LW								M
	Senior	M	M	M	M		M	M	M

### Events for Women:

		8+	4+	4-	4X	4X+	2-	2X	1X
<b>Division 2</b>	J14					W			W
	J15					W			W
	Novice	W				W			
	J16	W	W			W		W	W
<b>Division 1</b>	J18B	W	W			W		W	W
	Club 2	W	W			W		W	W
	J18A	W		W	W		W	W	W
	Club 1	W	W		W		W	W	W
	Inter	W	W		W		W	W	W
<b>Division 1</b>	LW								W
	Senior	W	W	W	W		W	W	W



## **Race Distance**

Junior 15 – not more than 1500m.

Junior 14 – not more than 1000m.

Division 1 and 2 – not more than 2000m.

## **3.3 Entries**

**All entries will be via the Tracker system.**

Consult the relevant Regatta prospectus for further information.

## **3.4 Number Slots**

### **Empacher Number Slots**

All boats must have empacher number slots for bow numbers. For Junior 15 and 14 races, bow numbers may or may not be required depending on the individual regatta committee at each regatta. See relevant prospectus.

## 3.5.1 Declarations

- Crews will be required to declare once only for each race series entered.
- Therefore the number of crews in each race and the identity of the crews in each race will not be decided until all declarations are in.
- Only the Captain or Club Secretary (or individuals specifically identified to the regatta secretary for the purpose) may make declarations for their respective clubs.
- The final time for declarations will be at the discretion of the regatta committee.
- Declarations can be made in a variety of ways but it is the responsibility of each club to ensure the regatta committee are aware of their declarations.
- Ways to declare: In Person, by phone, by text, by email. Consult the appropriate regatta prospectus for specific details.

## 3.6 Race Format

Races will be in two parts.

- **Timed Races:** Part 1 will comprise a series of timed races.
- **Finals:** Part 2 will comprise a series of races determined by the times achieved in the heats.

Fastest crews together in the last race.

Only A, B, C Finals will be raced.

## Draw:

- All lanes filled as per a random draw from the Tracker system, starting with the Junior grades (or known faster crews/scullers) and working down the grades.
- **Numbers of Crews in Races.**
  - Heats** - The number of crews in each race will be determined not by the original entry but by the number of declared crews. The number of boats in a race will also be determined by the number of lanes available and the principle that there should not be more than one more boat in any race than any other, in the same series of races. So for example: On a six lane course with an original entry of 36 in a series might lead one to conclude six races with 6 crews in each race. That would be the case if all crews declared. If it happened that only 25 crews declared then instead of having four races with six boats and a single boat row over, there would be five races with 5 boats in each. And so on.
  - Finals** - For Finals there will be a maximum of three finals. Each final is filled fully before placing crews in a subsequent final. The following are some examples where 6 lanes are used:
    - 18 crews – 6,6,6
    - 14 crews – 6,6,2
    - 13 crews – 6,6 (the 13th qualifier is ranked 13th and does not race in a final)
    - 10 crews – 6,4
    - 7 crews – 6 (the 7th qualifier is ranked 7th and does not race in a final)
- **Lane Selection.** Fastest crews will fill centre lanes, in the finals, and alternate outward.
- **Faster crews in last heats and finals.** Heats will start with the perceived “slower” crews and continuing until the “perceived” faster crews go off in the final heat. This allows maximum recovery time for all rowers as the finals will follow the same pattern with the fastest being the final race of the series.

## **3.7 Timing Team**

The timing team will be the responsibility of the regatta committee.

## **3.8 Price**

**Division 1 and Division 2 races: €10 per person per race series**

**Junior 15 and 14 events: €5 per person per events**

The organiser must cover costs in running the regatta which are significant.

All regattas are committed to improving their events and a small profit will enable some of the needed improvements to take place.

Even at €10 there is no guarantee the regatta will break even.

Hence the desire to develop a spectacle that in the future will be worthy of attracting sponsors.

## **4.0 Status Points**

As per the current rules of racing, where two or more crews (not from the same club) have entered and taken part to constitute a race, status points will be awarded accordingly.

## 5.0 Prize Format

**Gold Medal Standard Times to determine 4 Pennant Winners at EACH Grand League Format Regatta.**

4 pennants will be awarded to the fastest boats based on percentages of gold medal standard times over each division.

**Division 1 Men, Division 1 Women, Division 2 Men, Division 2 Women.**

**That means the 8+ may not be the fastest boat in each division.**

The 4 Divisional Winning Pennants will be awarded at **EACH** Grand League Format Regatta.

Predicted Gold Medal Times for the following boats are as follows:

<b>Boat</b>	<b>Times</b>	<b>Boat</b>	<b>Times</b>
Men		Women	
1x	06:31	1x	07:06
2x	06:00	2x	06:37
4x	05:33	4x	06:05
2-	06:13	2-	06:51
4-	05:40	4-	06:16
4+	05:53	4+	06:31
4x+	05:46	4x+	06:20
8+	05:19	8+	05:53

Gold Medal Times are taken from current and recent World Gold Medal Standards.

**Each Regatta Committee may decide to award separate prizes as they see fit.** See Regatta prospectus for details.

## 6.0 Grand League 2016

### Divisional Basis

For 2016 the League element of this format will work on a divisional basis. Points will be awarded for the first 18 crews in each division.

### Points for the League

Points for the Grand League will be allocated as follows for each division in the league:

Position	1X	2x/2-	4x/4	8	
1st	18	30	42	54	points
2nd	17	29	41	53	points
3rd	16	28	40	52	points
4th	15	27	39	51	points
5th	14	26	38	50	points
6th	13	25	37	49	points
7th	12	24	36	48	points
8th	11	23	35	47	points
9th	10	22	34	46	points
10th	9	21	33	45	points
11th	8	20	32	44	points
12th	7	19	31	43	points
13th	6	18	30	42	points
14th	5	17	29	41	points
15th	4	16	28	40	points
16th	3	15	27	39	points
17th	2	14	26	38	points
18th	1	13	25	37	points

## Pennants for Grand League Overall Winners

Pennants will be awarded at the Irish Rowing Championships to the following:

- Overall Divisional Winners in each boat category.
- Overall Top Club Points Winners in Division 1 Men, Division 1 Women, Division 2 Men, Division 2 Women.
- Overall Top Club Points Winner determined from accumulated points across both divisions and both genders.

<b>Position</b>	<b>1X</b>	<b>2x/2-</b>	<b>4x/4</b>	<b>8</b>	
1st	18	30	42	54	points
2nd	17	29	41	53	points
3rd	16	28	40	52	points
4th	15	27	39	51	points
5th	14	26	38	50	points
6th	13	25	37	49	points
7th	12	24	36	48	points
8th	11	23	35	47	points
9th	10	22	34	46	points
10th	9	21	33	45	points
11th	8	20	32	44	points
12th	7	19	31	43	points
13th	6	18	30	42	points
14th	5	17	29	41	points
15th	4	16	28	40	points
16th	3	15	27	39	points
17th	2	14	26	38	points
18th	1	13	25	37	points

## 7.0 Appendices

The following race scenario protocols will be followed by the GL Regatta secretaries and Umpires:

- **What happens if a heat is stopped in first 1000m ?**

**Decision:** Bring the crews back to the Start and re-row straight away

- **What happens if a heat stopped in last 1000m ?**

**Decision:** Add a D final with all the crews from that heat, apart from the crew that has been disqualified, if applicable. All finals for that event, ie A, B, C, D must then be timed and the results for GL points are based on the fastest time across all finals.

- **What happens if times for a heat(s) are missed ?**

**Decision:** As both items above depending on whether it is discovered in the first 1000m or the second 1000m.

- **What happens if a final is stopped ?**

**Decision:** Re-row the race

- **What happens if a crew misses their heat ?**

**Decision:** The crew is disqualified. Cannot be added into another heat.

- **What happens if a crew misses their final ?**

**Decision:** The crew is disqualified. Cannot be added into another final.

- **What happens if a lightweight misses weight ?**

**Decision:** Disqualified