

2018 - 2019 NATIONAL SELECTION EVENT REQUIREMENTS AND ANNUAL EVENTS (Junior and Coupe)

HPD: Antonio Maurogiovanni; Leading Coach Category: Fran Keane; Assistant National Coach: John Walsh, ??

Month	Date	Description - Event	Location	Note	Event requirement category
September	22-23	National Ergo monitoring Test 1	Domestic	All categories except SA from Plovdiv. 100mt + 500mt (250mt adaptive) (sat 22nd morn) - 6k open rates (3k adaptive)(sat 22nd aft) - 30min open rates (sund 23rd aft)	SA, U23, JUN,ADAPT
September	29-30	National Trial 2k - Youth Regatta	Cork		SA, U23, JUN,ADAPT
October	27-28	On water 1 , 6K for SA, U23, Jun and ADAPTIVE(3k).	Cork	Day 1 1st in 1x or 2-; Day 2 in 2x or 4- based on day 1. Lightweight all sculling. All categories. Only for invited athletes. Lightweight Bodyweight (TBD)	SA, U23, JUN,ADAPT
October	29-02	National Winter Camp for Jun	Cork	For all Junior athletes invited at the trials.	JUN
November	24-25	On water 1 , 6K for SA, U23, Jun and ADAPTIVE(3k).	Cork	Day 1 1st in 1x or 2-; Day 2 in 2x or 4- based on day 1. Lightweight all sculling. All categories. Only for invited athletes. Lightweight Bodyweight (see Strat Plan doc)	SA, U23, JUN,ADAPT
December	08-09	National Winter Camp for Jun	Cork	Only for invited athletes	JUN
December	22	National Ergo monitoring Test 2	Domestic	All categories. 100mt + 500mt (Sat 22nd morn) - 6k open rates (Sat 22nd aft)	SA, U23, JUN,ADAPT
December	24-31	National Ergo monitoring Test 2	Domestic	All categories. 30min open rates between 24 to 31 dec.	SA, U23, JUN,ADAPT
January	04-06	National Winter Camp for Jun	Cork	Only for invited athletes	JUN
January	19	Irish Indoor 2k nationals	Limerick	National HP 2k ergo assessment for all categories.	SA, U23, JUN, ADAPT
February	09-10	National Winter Camp for Jun	Cork	Only for invited athletes	JUN
February	23-24	On water 11, 6K and 2k for SA, U23, Jun and ADAPTIVE	Cork	Only for invited athletes. Day 1 6k and day 2 2k based on day 1 results. Lightweight bodyweight (see Strat Plan doc)	SA, U23, JUN,ADAPT
February - March	25-02	National Ergo monitoring Test 3	Domestic	All categories. 100mt + 500mt (morn) - 6k open rates (aft of the same day)	SA, U23, JUN,ADAPT
March	03-09	National Ergo monitoring Test 3	Domestic	All categories. 30min open rates between 03 to 09 March.	SA, U23, JUN,ADAPT
March	16-17	National Winter Camp for Jun	Cork	Optional	JUN
March	29-31	National 2k Trials SA,U23, Junior, ADAPTIVE	Cork	Pre selection of the squad. Lightweight bodyweight (see Strat Plan doc)	SA, U23, JUN,ADAPT
April	16-21	National Test 2k ergo	Domestic	2k ergo assessment for all categories and not invited to SA camp	SA, U23, JUN
April	19-22	National 2k Trials U23, Jun, ADAPTIVE	Cork	Only for invited athletes. Para, U23 and Jun pre-selection national crews. Crews pre selected start the pre world preparation. (see Strat Plan doc)	U23, JUN, ADAPT
May	17-19	European Junior Championships	Essen GER	Based on funding	JUN
June	21-23	National 2k Trials Jun and U23. First day 2k ergo for	Cork	Only for invited athletes. Jun and U23 with the inclusion of overseas athletes. Light weight bodyweight (see Strat Plan doc)First day 2k ergo for all. Final selection for U23, Jun and COUPE. EU23 team (??), CREWS RELOCATION	U23 and Jun
August	02-04	Coupe de la Jeunesse	Corgeno ITA		Jun B
August	7-11	World Junior Championships	Tokyo JPN		Jun