

**Provisional Program for June Trials (Subject to change based on daily results and weather conditions)**

Day	Date	Cat	Morning	Afternoon	
Friday	21-Jun	Jun/Coupe	Arrive in Cork	2K ergo	NUIG Physiologist ?
Saturday	22-Jun	LW - HW - Jun	Boat's set up and training	On water training	
Sunday	23-Jun	LW - HW - Jun	Race	Race	
Monday	24-Jun	LW - HW - Jun	Race	Race	
		Coupe	Boat set up	On water training	
		U23	Arrive in Cork	2K ergo	NUIG Physiologist ?
Tuesday	25-Jun	LW - HW - Jun	Race	Race	
		U23/Coupe	Boat's set up and training	On water training	
Wednesday	26-Jun	U23/Coupe	Race	Race	
		LW-HW	If Required	If Required	
Thursday	27-Jun	U23	Race	Race	
		Coupe if required	If Required	If Required	
Friday	28-Jun	U23	Race	Race	