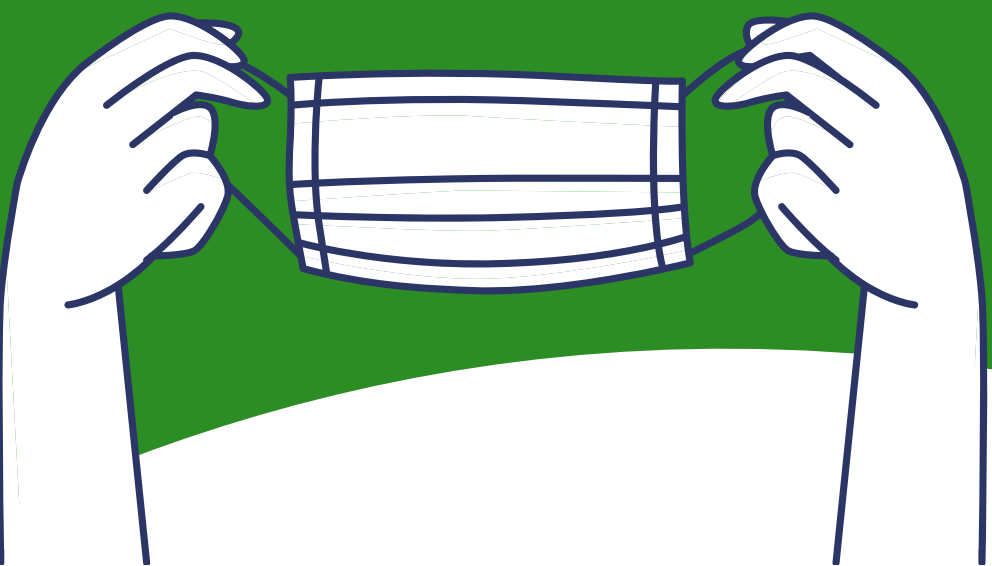


























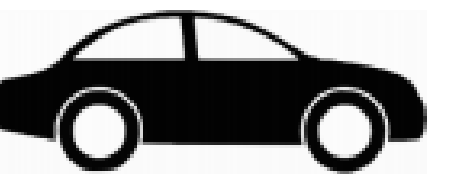
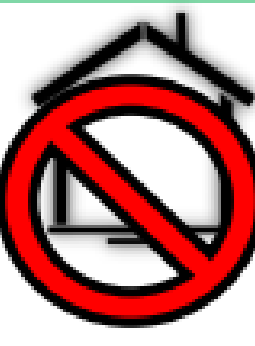



Covid-19 Pathway

#WEAREALLROWINGIRELAND



LEVEL	TRAINING INDOORS	TRAINING OUTDOOR	TIME TRIALS	HEAD OF THE RIVER	REGATTAS	TRAVEL	CLUB HOUSE
1	 ✓	 ✓	 200 ✓	 200 ✓	 200 ✓	 ✓	 ✓
2	 PODS 6	 PODS 15	 200 ✓	 200 ✓	 200 ✓	 ✓	 RESTRICTIONS
3	 INDIVIDUALS	 PODS 15				 WORK RELATED	 RESTRICTIONS
4	 INDIVIDUALS	 PODS 15				 ESSENTIAL WORK	
5	 INDIVIDUALS	