

# Women in Sport Leadership Programme

Supporting the development of female leaders working within clubs and their NGB, through interactive, online sessions.

8

Weeks of online tuition and mentoring  
Meet on Zoom every Tuesday 7-8.30pm  
January 5 - February 23

## Learn

Leadership & Values  
Networking and Collaboration  
Handling Challenging Situations  
Crisis Management & Influencing

## Develop

Your Personal Brand  
Leadership Skills  
Resilience

## Plan

Get one-to-one coaching to  
create your own Personal  
Development Plan.

Apply online:  
<https://www.rowingireland.ie/supporting-our-clubs/women-in-sport/leadership-programme/>  
Email: [Claire.Lambe@rowingireland.ie](mailto:Claire.Lambe@rowingireland.ie)

**Applications close 14th Dec - 5pm**

