



Outdoor Sport

Pathway Out of Restrictions - Preparation for phase 2



Phase 1

Phase 2

Phase 3

Phase 4

Phase 5

In Preparation:

For details of activities permitted see **Cautious First Steps**

Governing Bodies

- Refresh Protocols
- Educate members
- Consider sanctions for non-compliance

Clubs

- Refresh risk assessments / action plans
- Promote HANDS - FACE - SPACE through signage
- Keep records for contact tracing
- Build training plans - Be ready to start at sub-step (a)
- Modify training practices to minimise close contact until sub-step (c)
- Enforce rules on no spectators
- Keep indoor facilities closed



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Progression driven by positive health,
economic & community data



Outdoor Sport

Pathway Out of Restrictions - Cautious First Steps



Phase 1

Phase 2

Phase 3

Phase 4

Phase 5

2 household exercise – up to groups of 10

1st April

Outdoor sporting activities possible within the limitation shown above.

Club houses, indoor facilities, gyms closed.

Sub-step (a)
Affiliated sports club training

Provisional date
12th April

Initial group sizes on pitch / sports space

Adults (18+) - group size limit 15

Age 13-18 - two groups of 15

Age 12 and under – three groups of 15

Essential Participants only at this stage

Avoid Car-sharing , gatherings & socialising

Where possible responsible adults drop off & pick up children or remain in cars

Sub-step (b)
Train in squads (groups can mix)

Sub- step (c)
Competitive Sport returns (no spectators)

Governing Bodies & Clubs see **Preparation for Phase 2**



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