



2021 Strategy Review

In July 2020, Rowing Ireland published their first Women in Sport Strategy. This outlined how we were performing in Women in Sport under each of the Sport Ireland WiS Policy pillars - Participation, Coaching and Officiating, Leadership and Visibility.

Whilst Covid-19 has lead to the adaptation of some plans outlined in the strategy, a number of initiatives were successfully rolled out and will continue in to 2021.

The following is an updated snapshot of where we are now in terms of Women in Coaching and Leadership. We will update, following the 2021 season our numbers in Officiating and Participation.

It can be seen that progress has been made, but there is still work to do to achieve our goal of gender balance in all aspects of our sport.



Where are we now?

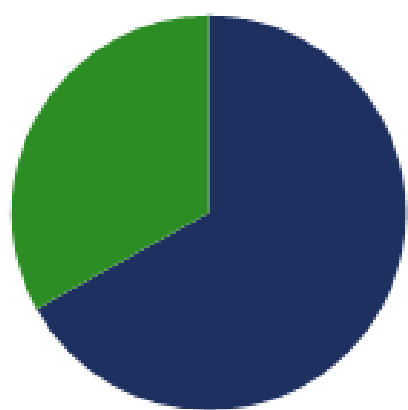
Coaching



Club Affiliation Forms – Coach Reporting

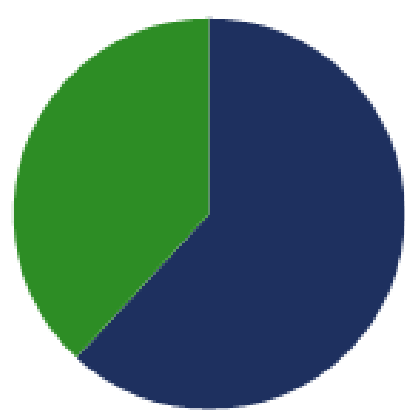
River Club Coaches

Total Coaches



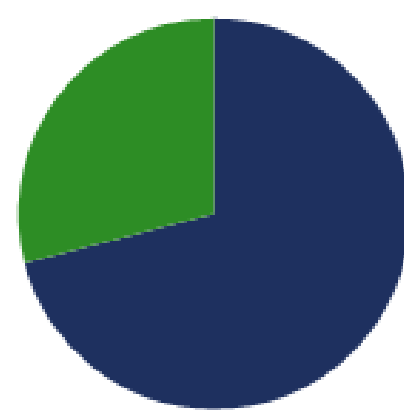
33% female

Level 1



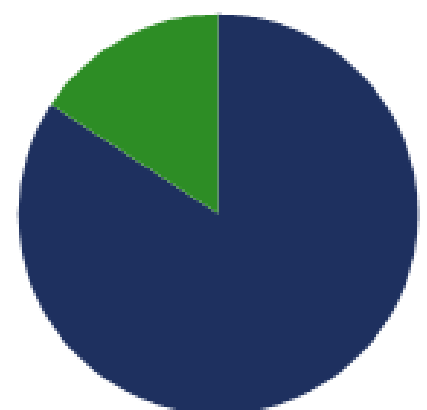
38% female

Level 2



29% female

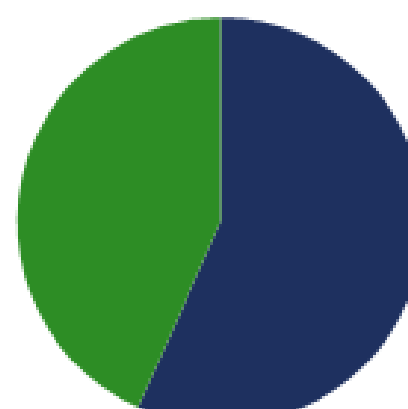
Level 3



16% female

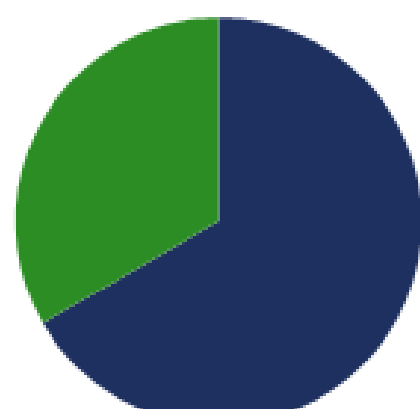
Coastal/Offshore Clubs

Total Coaches



43% female

Level 1



33% female

- 160+ coaches in **Women's Coaching Networks**
- 8 coaches recognized in the **Women in Coaching Spotlight**
- 12 Women participating in ongoing **Coach Development Course**
- 6 Coaches on **HP Coaching Pathway**

National Team Coaches

- 3** International Events
- 6** Coaches
- 0** Female Coaches

Coaching Courses 2020

- 4** Online Course held
- 21** Male Attendees
- 26** Female Attendees



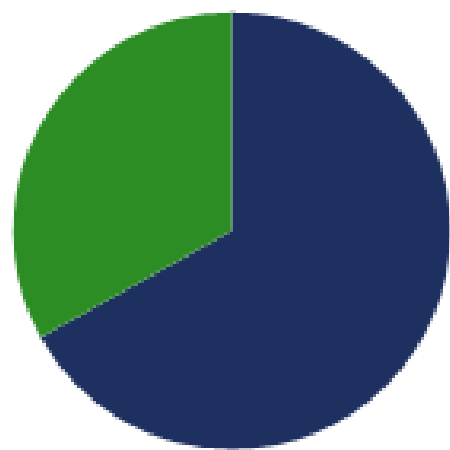
Where are we now?

Leadership



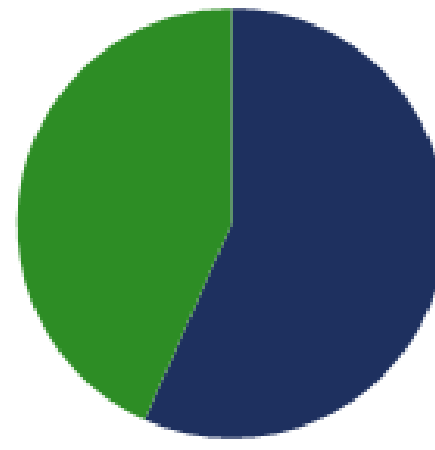
Affiliation Forms – Club Committee Reporting

River
Club Committees

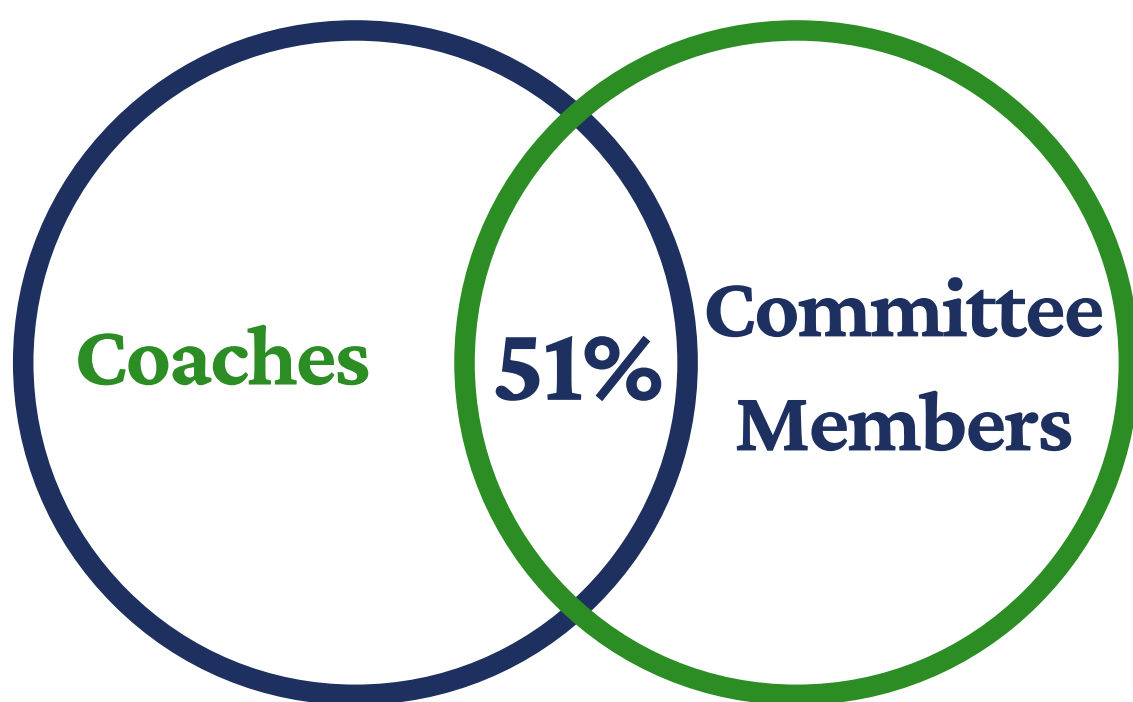


31% female

Coastal/Offshore
Club Committees



43% female



51% of Committee Members
are also Coaches

- 3 Women attending **Women in Leadership Programme**
- 24 coaches completed **LIFT Leadership Course** to date

Sub Committees Gender Representation

- ✓ Mixed Gender sub-committees
- ✓ 7:8 ratio of female to male Committee Chairs

Rowing Ireland Board

31%

Gender Balance

What's Next?

Coaching



- Year 2 of HP Coaching Pathway
- Coach Development Pathway Programme
- Coach Mentor Programme
- Women's Student Coach Academy
- Ongoing club webinars and coaching CPD
- Women in Coaching Networks Support

Leadership



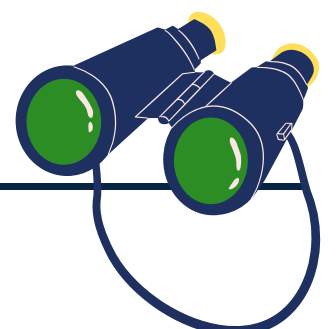
- Women in Leadership Programme w/t Swim Ireland
- Leadership Webinar Series - Making Waves
- Ongoing LIFT Leadership Roundtables

Participation



- Balance is Better - Indoor programme for beginners
- Women on the Water - National adults learn-to-row programme
- Return to Rowing Initiative

Visability



- Women in Coaching Spotlight
 - Women on Water - WOW Series
 - Ongoing Promotion of the HP team in lead up to and after Olympics Games
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