

High Performance Trials (18-19 September, NRC)

Running Order (Provisional)

Day 1 – Saturday

- 08:00 - NRC Open
- 08:12 -09:07 – Lightweight weight check (2 hours before your start time) (Side entrance to NRC)
- 08:45 – Athlete safety briefing (Outdoors and wearing mask)
- 09:00 – Volunteer/Coaches meeting
- 09:15 – Slips open for racing
- 10:00 – 6k time trial start
- 12:00 – 6k time-trial finish
- 15:00 – 17:00 – Course open for training if required
- 17:15 – NRC closed

*Results and confirmed Sunday plan will be emailed to coaches and athletes by Saturday evening.

Day 2 – Sunday – (Provisional and subject to change)

- 07:30 – NRC Open (**No Briefing unless otherwise communicated**)
- 08:15 – Slips open for racing (No lightweight weigh-in)
- 09:00 – 6k time-trial start
- 11:00 – 6k time-trial finish
- 12:00 – de-rig boats and depart
- 13:00 – NRC closed

*Results emailed to coaches Sunday pm.

Please note the above running order is provisional and subject to change based on weather conditions, water levels, observations and results from day 1 etc.