

## High-Performance Coaching Internship

Rowing Ireland is currently seeking applications from enthusiastic and ambitious coaches for the Rowing Ireland High-Performance Coaching Internship to begin their high-performance coaching career.

Rowing Ireland will offer the successful coaches (Ideally one male and one female) the opportunity to work full-time alongside the HP coaching team based at the NRC for the 2022 International Rowing Season, with a view to developing their coaching experience and expertise in a high-level training environment.

## Duties

- Working under the direction and expectations of the HP Director and Head Coaches, to deliver coaching and support to the water and land sessions of the HP program for junior and under-23 pathway and Olympic level senior athletes.
- Support the operational requirements of the NRC boat house, boat fleet and other training equipment needs.
- Support the running of trials, local and international training camps.

## Qualifications/Experience

- Passion for high performance sport and ambition to coach at an international level.
- High-performance experience as an athlete or coaching athletes engaged in the RI trialing system.
- Level 1 (minimum) rowing coaching accreditation, or demonstrated initiative to further coach education.
- Safeguarding Certificate and Garda Vetting/Access NI

- Strong communication and interpersonal skills.
- Licence to drive a trailer would be an advantage.

This unpaid internship is an exciting opportunity for an ambitious coach to develop his/her skills in a world class HP setup. The successful candidates will get access to their next Level coaching qualification and potential opportunity to travel with the team for foreign training camps and events.

Interested coaches are asked to email claire.lambe@rowingireland.ie by 5pm on the 26th January with a brief CV, including your rowing experience and qualifications, and cover letter stating the reasons you feel you would be suited to this coaching opportunity.