



2021 Strategy Review

In July 2020, Rowing Ireland published their first Women in Sport Strategy. This outlined how we were performing in Women in Sport under each of the Sport Ireland WiS Policy pillars - Participation, Coaching and Officiating, Leadership and Visibility.

Whilst Covid-19 lead to the adaptation of some plans outlined in the strategy, a number of initiatives were successfully rolled out and will continue in to 2022.

The following is an updated snapshot of where we are now based on reported numbers at the end of 2021. Women in Coaching will remain the focus of the Rowing Ireland WIS programme, as this is where we see the greatest gender disparity.

It can be seen that progress has been made, but there is still work to do to achieve our goal of gender balance in all aspects of our sport.



Where are we now?

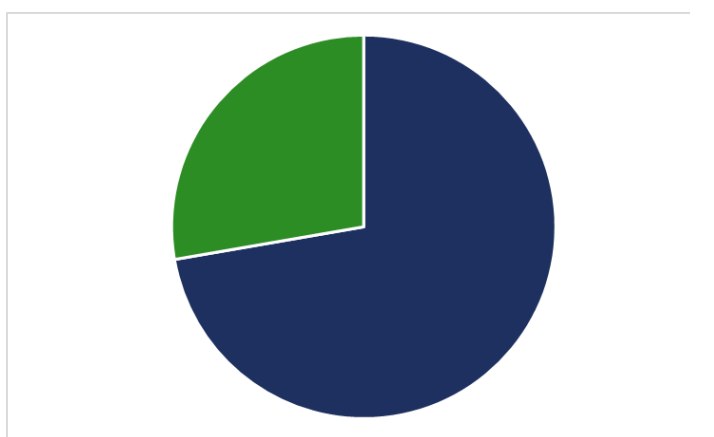
Coaching



Club Affiliation Forms – Coach Reporting

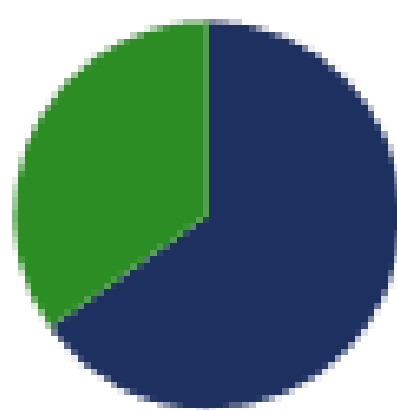
Flatwater Club Coaches

Total Coaches



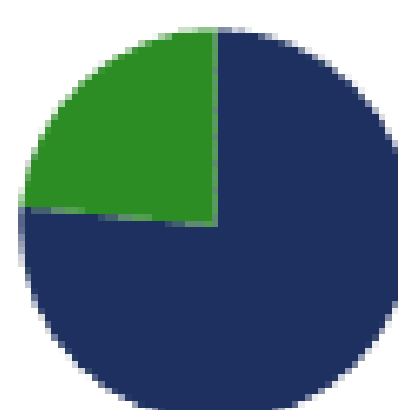
28% female

Level 1



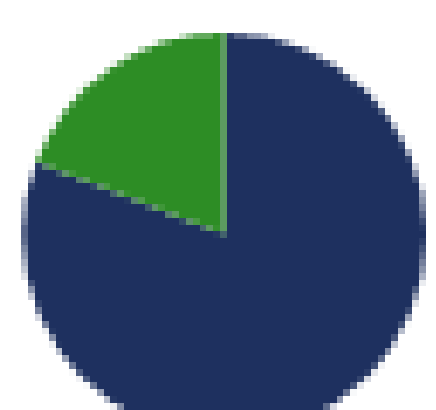
35% female

Level 2



23% female

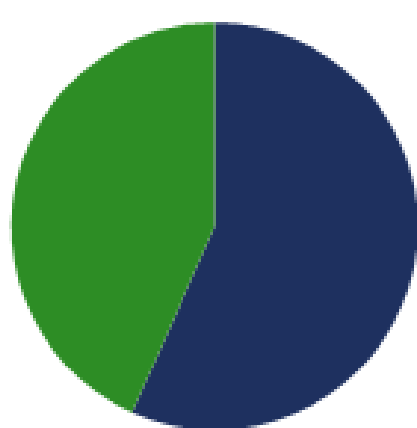
Level 3



19% female

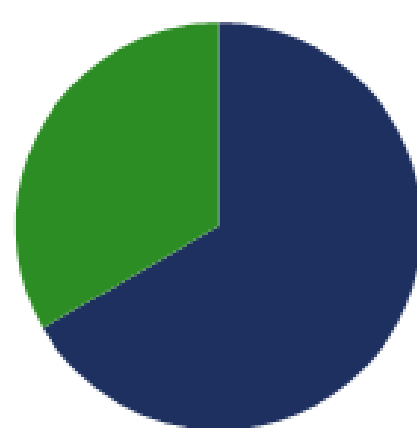
Coastal/Offshore Clubs

Total Coaches



43% female

Level 1



39% female

- 160+ coaches in **Women's Coaching Networks**
- 12 Coaches on **Women's Coaching Pathway**
- 1 Coach on the first **Women's Student Coach Academy**
- Established the **Women in Coaching Advocates** group

National Team Coaches

5 International Events
11 Coaches
3 Female Coaches

Coaching Courses 2021

Introduction

85 Female
128 Male

Level 1

12 Female
14 Male



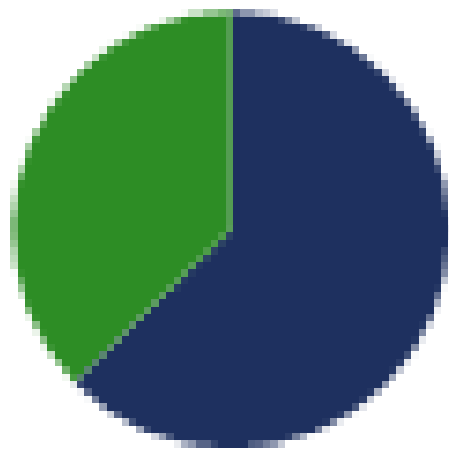
Where are we now?

Leadership



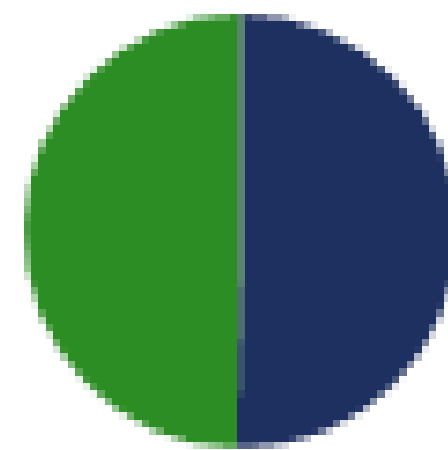
Affiliation Forms – Club Committee Reporting

Flatwater
Club Committees

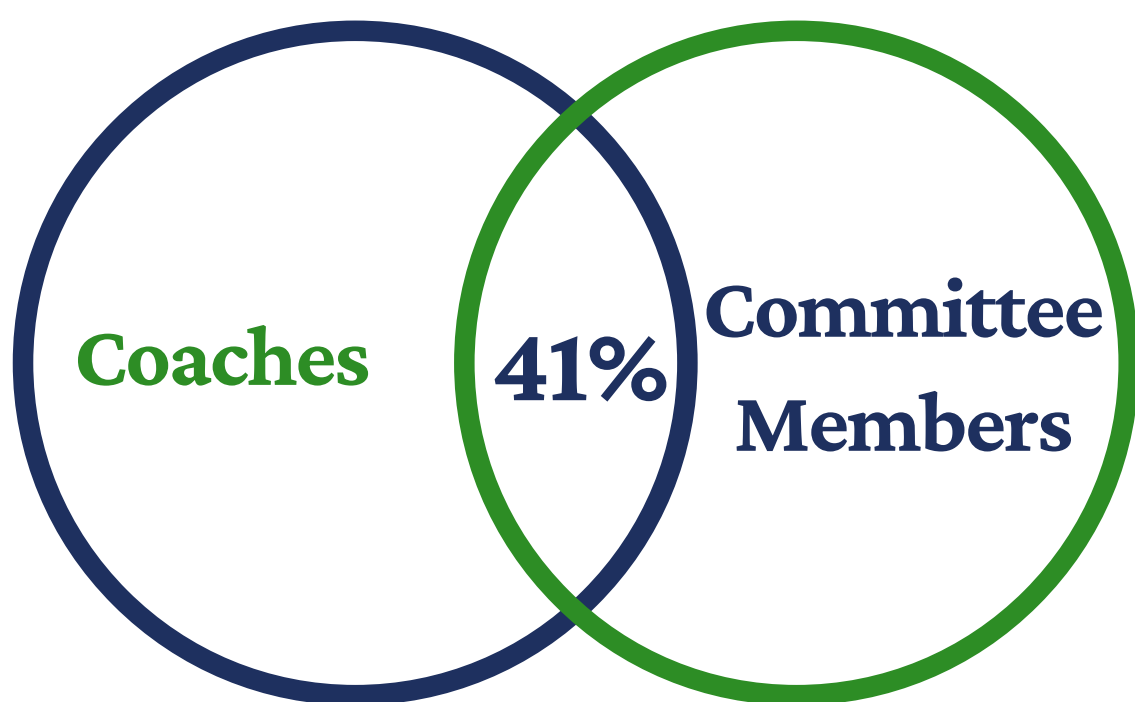


37% female

Coastal/Offshore
Club Committees



50% female



41% of Committee Members
are also Coaches

- 39 Women attended **Making Waves Leadership Programme**
- 28 coaches completed **LIFT Leadership Course** to date
- Achieved **Constitutional Change** for 40% min. gender balance on Rowing Ireland Board
- **First Elected Female President** of Rowing Ireland

Sub Committees Gender Representation

- ✓ Mixed Gender sub-committees
- ✓ 6:9 ratio of female to male Committee Chairs

Rowing Ireland Board

31%

Gender Balance



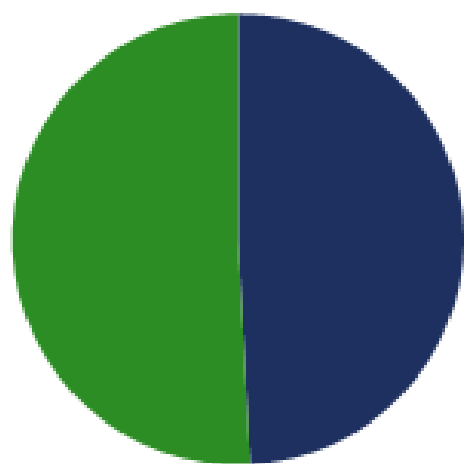
Where are we now?

Participation



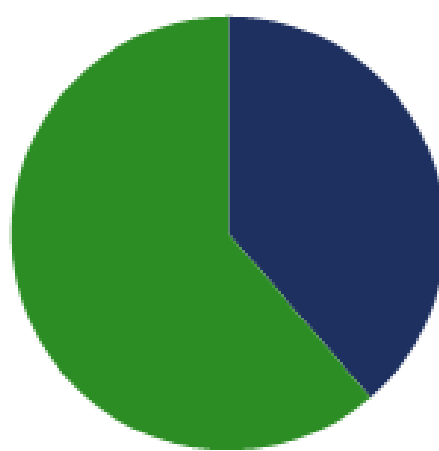
Registered Members

Coastal / Offshore
Senior Rowers



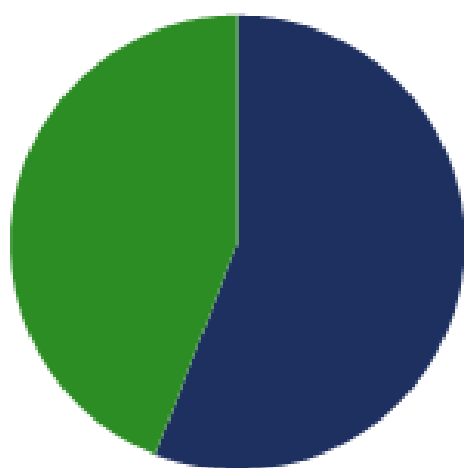
51% female

Coastal / Offshore
Junior Rowers



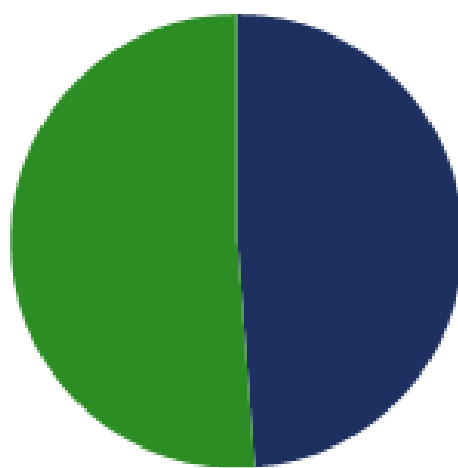
57% female

Flatwater
Senior Rowers



44% female

Flatwater
Junior Rowers



51% female

- First **Olympic Medal** for Women's Rowing and 9 female **Olympians**.
- 250 Adult Women participated in the **Give it a Row Day**
- 76 Women completed 8-week **Women on the Water** programme
- 1000+ viewers of the online **Balance is Better Exercise Classes**

National Team Gender Representation

Female

Male



Senior Team



Under 23 Team



Junior Team