

## ROWING IRELAND FLATWATER CALENDAR 2023

DATE			EVENTS JAN - DEC 2023	TYPE OF EVENT	STATUS
wk 1	SAT	31-Dec			
	Sun	01-Jan			
wk 2	SAT	07-Jan			
	Sun	08-Jan			
wk 3	SAT	14-Jan			
	Sun	15-Jan			
wk 4	SAT	21-Jan	RIUB Newry HOR	Head	
	SAT	21-Jan	Irish Indoor Rowing Championships	Championships	NON
	Sun	22-Jan			
wk 5	SAT	28-Jan	Shandon HOR	Head	
	Sun	29-Jan			
	SAT	04-Feb			
	Sun	05-Feb			
wk 7	SAT	11-Feb	Lagan HOR	Head 1 Head 2	
	SAT	11-Feb	New Ross HOR	Head	
	Sun	12-Feb			
wk 8	SAT	18-Feb	Sligo Head	Head	
	Sun	19-Feb			
wk 9	SAT	25-Feb			
	Sun	26-Feb			
wk 10	SAT	04-Mar	Cork HOR	Head	
	SAT	04-Mar	Erne HOR	Head	
	Sun	05-Mar			
	SAT	11-Mar	Dublin HOR	Head	

wk 11	Sun	12-Mar			
	SAT	18-Mar	Lagan Scullers HOR	Head	
	SAT	18-Mar	St. Michaels City HOR	Head	
wk 12	Sun	19-Mar			
wk 13	SAT	25-Mar			
	Sun	26-Mar			
wk 14	SAT	01-Apr	Neptune Regatta	Regatta - Grow the Sport	NON
	Sun	02-Apr	Commercial Regatta	Regatta - Grow the Sport	NON
wk 15	SAT	08-Apr	University Championships	Championships	NON
	Sun	09-Apr			
wk 16	SAT	15-Apr	Sligo Regatta	Regatta - Grow the Sport	
	SAT	15-Apr	Skibbereen Regatta	Regatta - Grand League	FULL
	Sun	16-Apr	Skibbereen Regatta	Regatta - Grand League	FULL
wk 17	SAT	22-Apr	Limerick Regatta	Regatta - Multi-lane	SEMI
	Sun	23-Apr	Limerick Regatta	Regatta - Multi-lane	SEMI
	SAT	29-Apr	Portadown Regatta	Regatta - Grow the Sport	NON
	Sun	30-Apr			
wk 19	SAT	06-May	Lough Rynn Regatta	Regatta -Grand League	FULL
	Sun	07-May			
wk 20	SAT	13-May	Trinity Regatta	Regatta - Grow the Sport	NON
	SAT	13-May	Lee Regatta	Regatta - Grow the Sport	NON
	Sun	14-May			
wk 21	SAT	20-May	Belfast Sprint Regatta	Regatta - Grow the Sport	NON
	SAT	20-May	Castleconnell Sprint Regatta	Regatta - Grow the Sport	NON
	SAT	20-May	Bantry Regatta	Regatta - Grow the Sport	NON
	Sun	21-May			

wk 22	SAT	27-May	Dublin Metropolitan Regatta	Regatta - Grand League	FULL
	Sun	28-May	Dublin Metropolitan Regatta	Regatta - Grand League	FULL
	Sun	28-May	Drinagh Lake Regatta	Regatta - Grow the Sport	NON
	SAT	03-Jun	Galway Regatta	Regatta - Grow the Sport	NON
wk 23	SAT	03-Jun	Carlow Regatta	Regatta - Grow the Sport	NON
	Sun	04-Jun	Carlow Regatta	Regatta - Grow the Sport	NON
wk 24	Sat	10-Jun	Munster Branch Regatta	Regatta - Multi-lane	FULL
	Sun	11-Jun			
wk 25	SAT	17-Jun	Athlone Regatta	Regatta - Multi-lane	NON
	Sun	18-Jun			
wk 26	SAT	24-Jun	RIUB Craigavon Lakes Regatta	Regatta - Multi-lane	SEMI
	SAT	24-Jun	Cork Regatta	Regatta - Grand League	FULL
	Sun	25-Jun	Cork Regatta	Regatta - Grand League	FULL
wk 27	SAT	01-Jul			
	Sun	02-Jul	Fermoy Sprint Regatta	Regatta - Grow the Sport	NON
wk 28	SAT	08-Jul	Rowing Ireland 1K Classic		
	Sun	09-Jul			
	Fri	14-Jul	Irish Rowing Championships	Championships	FULL
wk 29	SAT	15-Jul	Irish Rowing Championships	Championships	FULL
	Sun	16-Jul	Irish Rowing Championships	Championships	FULL
wk 30	SAT	22-Jul			
	Sun	23-Jul			
wk 31	SAT	29-Jul			
	Sun	30-Jul			
wk 32	SAT	05-Aug			
	Sun	06-Aug	Carrick-on-Shannon Sprint Regatta	Regatta - Grow the Sport	NON

wk 33	SAT	12-Aug	Shandon Masters Regatta	Masters event	NON
	Sun	13-Aug			
wk 34	SAT	19-Aug	Neptune Masters Regatta	Masters event	NON
	Sun	20-Aug			
wk 35	SAT	26-Aug			
	Sun	27-Aug			
wk 36	SAT	02-Sep			
	Sun	03-Sep			
wk 37	SAT	09-Sep			
	Sun	10-Sep			
wk 38	SAT	16-Sep			
	Sun	17-Sep			
wk 39	Sat	23-Sep	New Ross HOR	Head	
	Sun	24-Sep			
wk 40	SAT	30-Sep	Tullamore Time Trial	Head	
	Sun	01-Oct			
wk 41	SAT	07-Oct	St. Michaels Traditional HOR	Head	
	Sun	08-Oct			
wk 42	SAT	14-Oct			
	Sun	15-Oct			
wk 43	SAT	21-Oct	Coosan Lough Head	Head	
	SAT	21-Oct	Bann Head	Head	
	Sun	22-Oct			
	SAT	28-Oct	Castleconnell Head	Head	
	Sun	29-Oct			
	SAT	04-Nov			

wk 45	Sun	05-Nov			
wk 46	SAT	11-Nov	Erne 4's HOR	Head	
	SAT	11-Nov	Skibbereen Head	Head	
	Sun	12-Nov			
wk 47	SAT	18-Nov	Lagan Autumn HOR	Head 1 Head 2	
	Sun	19-Nov			
wk 48	SAT	25-Nov	Irish PROVINCES Indoor Rowing Championships	Championships	NON
	Sun	26-Nov			
wk 49	Sat	02-Dec	Muckross HOR	Head	
	Sat	02-Dec	Head of the Shannon	Head	
	Sun	03-Dec			
wk 50	SAT	09-Dec			
	Sun	10-Dec			
wk 51	SAT	16-Dec			
	Sun	17-Dec			
wk 52	SAT	23-Dec			
	Sun	24-Dec			
wk '53'	SAT	30-Dec			
	Sun	31-Dec			

23 - V6.1 - FINAL

LENGTH	LANES	VENUE	PROVINCE
5000		Newry Canal	Ulster
various		Limerick	Munster
4500		The Marina, Cork	Munster
2800 4200		River Lagan, Belfast	Ulster
18000		New Ross	Leinster
3500		Garavogue River, Sligo	Connaught
4000		Cork Marina	Munster
6000		Enniskillen	Ulster
3700		R Liffey	Leinster

2800		River Lagan, Belfast	Ulster
5500		River Shannon, Limerick	Munster
1400	2	Islandbridge, Dublin	Leinster
1400	2	Islandbridge, Dublin	Leinster
2000	8	Lough Rynn	Connaught
800		Garavogue River	Connaught
2000	8	National Rowing Centre, Cork	Munster
2000	8	National Rowing Centre, Cork	Munster
1500	4	O'Briens Bridge	Munster
1500	4	O'Briens Bridge	Munster
1000	2	Portadown	Ulster
2000	8	Lough Rynn	Connaught
1800	2	Islandbridge, Dublin	Leinster
500	6	Marina Cork	Munster
500	2	River Lagan, Belfast	Ulster
500	5	Castleconnell	Munster
500	6	Reendonegan Lake, Bantry	Munster

2000	6	Blessington	Leinster
2000	6	Blessington	Leinster
1000	6	Drinagh Lake, Cork	Munster
700	3	River Corrib, Galway	Connaught
1000	2	Carlow	Leinster
1000	2	Carlow	Leinster
2000	6	National Rowing Centre, Cork	Munster
1000	5	Coosan Point, Athlone	Connaught
1000	4	Craigavon Lakes	Ulster
2000	8	National Rowing Centre, Cork	Munster
2000	8	National Rowing Centre, Cork	Munster
500	3	Fermoy	Munster
1000		TBD	TBC
2000	6	National Rowing Centre, Cork	Munster
2000	6	National Rowing Centre, Cork	Munster
2000	6	National Rowing Centre, Cork	Munster
420	3	Carrick on Shannon	Connaught

1000	4	Marina Cork	Munster
1000	2	Islandbridge, Dublin	Leinster
18000		New Ross	Leinster
2250		Canal Offaly	Leinster
3200		O'Briens Bridge	Munster
4000		Coosan Point, Athlone	Connaught
3000		River Bann, Coleraine	Ulster
3000		Castleconnell	Munster

6000		Enniskillen	Ulster
4000		Marina Cork	Munster
2800 4200		River Lagan Belfast	Ulster
various		Limerick	Munster
3000		National Rowing Centre, Cork	Munster
5000		Carrick on Shannon	Connaught