

# Role: Rowing Ireland High Performance Men's Coach

13 June 2023

## **Background**

Rowing Ireland is the National Governing body for the sport of rowing across the island of Ireland. To build the next chapter we are seeking suitably qualified individuals for a Men's National Coach role. The Coach will work as part of the High-Performance Team to effectively maximize the performance outcomes for Rowing Ireland Team crews across the Open Senior Men's category.

The Rowing Ireland High Performance vision is to have more Rowing Ireland rowers competing on the world and Olympic stage with the chances to win a medal.

The key goal of the High-Performance team is to enhance the capacity of the Ireland high performance sporting system to create long term sustainability and repeatable results at the highest international level.

The core functions are:

- Provide HP identified and potential Male athletes with the coaching they need to become competitive at World and Olympic events.
- Support the High-Performance Director, Head Coaches and HP Coaches in the development and review of campaign plans and individualized plans for prioritized athletes;
- Lead the strategy to develop and implement innovation, research, and technology solutions to improve athlete performance

## **HIGH PERFORMANCE MEN'S COACH**

Reporting to the Men's Head Coach and HPD, the Men's Coach will be a member of Rowing Ireland HP Coaching Team which comprises six HP Coaches, Service Providers group and the Operational Officer.

The HP Coaching Team is responsible for delivering Rowing Irelands HP Plan of qualifying the targeted boats for Paris 2024 and creating realistic chances of medals.

This is an exciting time to be joining The Rowing Ireland HP Team.

## **SELECTION CRITERIA**

The candidates applying for the role will require a range of personal and professional skills, including:

### ***Essential Skills and Experience required***

- Proven track record of coaching successful crews at international level
- Experience in the delivery of podium winning crews at Senior and/or U23 International level
- Experience in coaching multiple crews, with a strong emphasis on developing a strong and sustainable HP Pathway for long term success
- Experience of working within a High-Performance environment
- At least 3 years' High Performance coaching experience
- An understanding of the requirements of high-performance rowers
- An understanding of the components of a high-performance environment and culture
- A strong team player with excellent communication skills and the ability to build and maintain relationships with coaches, athletes and support staff
- High level of personal initiative and autonomy
- Demonstrated proficiency in MS Office Software including Word, PowerPoint and Excel.
- Demonstrated excellence in written and verbal communication and organizational skills.

### ***Desirable Skills***

- An understanding of the Rowing Ireland HP system and technical model
- Level 2 Rowing Coaching Qualification or a willingness to obtain same

## **IN THIS ROLE YOU WILL**

- Support the Implementation of Rowing Ireland's High-Performance Strategy.
- Support the development of Rowing Ireland's High-Performance System in line with the Rowing Ireland High-Performance Director (HPD) and High-Performance team by being part of the Men's Program.
- Support Rowing Ireland's Squad of Coaches in organising and developing their respective squads to deliver sustainable podium competitive performance in International Competition and for Olympic Games.
- Conduct daily training at the National Rowing Centre under the direction of the Men's Head Coach and HPD.

## **LOCATION**

The successful candidate will be required to be based in the National Rowing Centre in Cork. The role will require some travel within the Island of Ireland and overseas.

## **HOURS OF WORK**

This is a full-time position. The nature of the position will require some extended hours and weekend work.

## **REMUNERATION**

At the time of applying, candidates are invited to indicate their current salary and salary expectations.

## **EOI Process**

- Enquiries regarding these positions should be directed to [michael.orourke@rowingireland.ie](mailto:michael.orourke@rowingireland.ie)
- Interested persons should email to Michael O'Rourke at [michael.orourke@rowingireland.ie](mailto:michael.orourke@rowingireland.ie) their interest in nominating, providing a brief CV and a cover letter indicating their current salary and salary expectations.
- EOIs to be received by 5:00pm (GMT+1) on Friday 23rd of June 2023.

**PLEASE NOTE:**

The successful candidate(s) will be required to commence in their role with immediate effect, unless otherwise agreed, in order to maximise the performance outcomes of our crews leading towards the World Championships and into 2024. The duration and eventual renewal of the position will be the 31<sup>st</sup> of October 2024.

All Expressions of Interest will be treated in the strictest confidence and only shared with those involved in the selection process.