

ARE YOU A FEMALE ROWER?

WHAT YOUR EXPERIENCES WITH MENSTRUAL SYMPTOMS?

Researchers from Trinity College Dublin and Boston Children's Hospital are exploring female rowers' experiences of menstrual symptoms, specifically management, experience of pain related to your period and how it impacts your ability to participate and perform as an athlete.



Can I take part?

You must be 18 years or older and a registered member of Rowing Ireland or US Rowing.

How to take part?

The online questionnaire takes about 10 minutes to complete and can be found by scanning this QR code or go to <https://forms.office.com/e/7rcZuhgRbZ>



If you have any questions please contact Dr Clíodhna McHugh (cmchugh7@tcd.ie) or Prof Fiona Wilson (wilsonf@tcd.ie).



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



Boston Children's Hospital
Until every child is well™



USRowing