

**ROWING IRELAND FLATWATER CALENDAR 2023 - V6.1 - FINAL**

DATE			EVENTS JAN - DEC 2023	TYPE OF EVENT	STATUS	LENGTH	LANES	VENUE	PROVINCE
wk 1	SAT	31-Dec							
	Sun	1-Jan							
wk 2	SAT	7-Jan							
	Sun	8-Jan							
wk 3	SAT	14-Jan							
	Sun	15-Jan							
wk 4	SAT	21-Jan	RIUB Newry HOR	Head		5000		Newry Canal	Ulster
	SAT	21-Jan							
	Sun	22-Jan							
wk 5	SAT	27-Jan	Shandon HOR	Head		4500		The Marina, Cork	Munster
	Sun	28-Jan							
	SAT	4-Feb	Irish Indoor Rowing Championships	Championships	NON	various		Limerick	Munster
	Sun	5-Feb							
wk 7	SAT	11-Feb	Lagan HOR	Head 1 Head 2		2800 4200		River Lagan, Belfast	Ulster
	SAT	11-Feb	New Ross HOR	Head		18000		New Ross	Leinster
	Sun	12-Feb							

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wk 8	SAT	18-Feb	Sligo Head	Head		3500	Garavogue River, Sligo	Connaught	
	Sun	19-Feb							
wk 9	SAT	25-Feb							
	Sun	26-Feb							
wk 10	SAT	4-Mar	Cork HOR	Head		4000	Cork Marina	Munster	
	SAT	4-Mar	Erne HOR	Head		6000	Enniskillen	Ulster	
	Sun	5-Mar							
wk 11	SAT	11-Mar	Dublin HOR	Head		3700	R Liffey	Leinster	
	Sun	12-Mar							
wk 12	SAT	18-Mar	Lagan Scullers HOR	Head		2800	River Lagan, Belfast	Ulster	
	SAT	18-Mar	St. Michaels City HOR	Head		5500	River Shannon, Limerick	Munster	
	Sun	19-Mar							
wk 13	SAT	25-Mar							
	Sun	26-Mar							
wk 14	SAT	1-Apr	Neptune Regatta	Regatta - Grow the Sport	NON	1400	2	Islandbridge, Dublin	Leinster
	Sun	2-Apr	Commercial Regatta	Regatta - Grow the Sport	NON	1400	2	Islandbridge, Dublin	Leinster

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wk 15	SAT	8-Apr	University Championships	Championships	NON	2000	8	Lough Rynn	Connaught
	Sun	9-Apr							
	SAT	15-Apr	Skibbereen Regatta	Regatta - Grand League	FULL	2000	8	National Rowing Centre, Cork	Munster
	Sun	16-Apr	Skibbereen Regatta	Regatta - Grand League	FULL	2000	8	National Rowing Centre, Cork	Munster
wk 17	SAT	22-Apr	Limerick Regatta	Regatta - Multi-lane	SEMI	1500	4	O'Briens Bridge	Munster
	Sun	23-Apr	Limerick Regatta	Regatta - Multi-lane	SEMI	1500	4	O'Briens Bridge	Munster
	SAT	29-Apr	Portadown Regatta	Regatta - Grow the Sport	NON	1000	2	Portadown	Ulster
	Sun	30-Apr							
wk 19	SAT	6-May	Lough Rynn Regatta	Regatta -Grand League	FULL	2000	8	Lough Rynn	Connaught
	Sun	7-May							
wk 20	SAT	13-May	Trinity Regatta	Regatta - Grow the Sport	NON	1800	2	Islandbridge, Dublin	Leinster
	SAT	13-May	Lee Regatta	Regatta - Grow the Sport	NON	500	6	Marina Cork	Munster
	Sun	14-May							
	SAT	20-May	Belfast Sprint Regatta	Regatta - Grow the Sport	NON	500	2	River Lagan, Belfast	Ulster
	SAT	20-May	Castleconnell Sprint Regatta	Regatta - Grow the Sport	NON	500	5	Castleconnell	Munster
	SAT	20-May	Bantry Regatta	Regatta - Grow the Sport	NON	500	6	Reendonegan Lake, Bantry	Munster

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wk 21	Sun	21-May							
wk 22	SAT	27-May	Dublin Metropolitan Regatta	Regatta - Grand League	FULL	2000	6	Blessington	Leinster
	Sun	28-May	Dublin Metropolitan Regatta	Regatta - Grand League	FULL	2000	6	Blessington	Leinster
	Sun	28-May	Drinagh Lake Regatta	Regatta - Grow the Sport	NON	1000	6	Drinagh Lake, Cork	Munster
	SAT	3-Jun	Galway Regatta	Regatta - Grow the Sport	NON	700	3	River Corrib, Galway	Connaught
wk 23	SAT	3-Jun	Carlow Regatta	Regatta - Grow the Sport	NON	1000	2	Carlow	Leinster
	Sun	4-Jun	Carlow Regatta	Regatta - Grow the Sport	NON	1000	2	Carlow	Leinster
wk 24	Sat	10-Jun	Munster Branch Regatta	Regatta - Multi-lane	FULL	2000	6	National Rowing Centre, Cork	Munster
	Sun	11-Jun							
wk 25	SAT	17-Jun	Athlone Regatta	Regatta - Multi-lane	NON	1000	5	Coosan Point, Athlone	Connaught
	Sun	18-Jun							
	SAT	24-Jun	Cork Regatta	Regatta - Grand League	FULL	2000	8	National Rowing Centre, Cork	Munster
	Sun	25-Jun	Cork Regatta	Regatta - Grand League	FULL	2000	8	National Rowing Centre, Cork	Munster
wk 27	SAT	1-Jul							
	Sun	2-Jul	Fermoy Sprint Regatta	Regatta - Grow the Sport	NON	500	3	Fermoy	Munster
	SAT	8-Jul							

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wk 28	Sun	9-Jul							
	Fri	14-Jul	Irish Rowing Championships	Championships	FULL	2000	6	National Rowing Centre, Cork	Munster
wk 29	SAT	15-Jul	Irish Rowing Championships	Championships	FULL	2000	6	National Rowing Centre, Cork	Munster
	Sun	16-Jul	Irish Rowing Championships	Championships	FULL	2000	6	National Rowing Centre, Cork	Munster
wk 30	SAT	22-Jul							
	Sun	23-Jul							
wk 31	SAT	29-Jul							
	Sun	30-Jul							
wk 32	SAT	5-Aug							
	Sun	6-Aug	Carrick-on-Shannon Sprint Regatta	Regatta - Grow the Sport	NON	420	3	Carrick on Shannon	Connaught
wk 33	SAT	12-Aug	Shandon Masters Regatta	Masters event	NON	1000	4	Marina Cork	Munster
	Sun	13-Aug							
wk 34	SAT	19-Aug							
	Sun	20-Aug							
wk 35	SAT	26-Aug							
	Sun	27-Aug							

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wk 36	SAT	2-Sep							
	Sun	3-Sep							
wk 37	SAT	9-Sep							
	Sun	10-Sep							
wk 38	SAT	16-Sep	Rowing Ireland 1K Classic			1000		National Rowing Centre, Cork	Munster
	Sun	17-Sep							
wk 39	Sat	23-Sep	New Ross HOR	Head		18000		New Ross	Leinster
	Sun	24-Sep							
wk 40	SAT	30-Sep	Tullamore Time Trial	Head		2250		Canal Offaly	Leinster
	Sun	1-Oct							
wk 41	SAT	7-Oct	St. Michaels Traditional HOR	Head		3200		O'Briens Bridge	Munster
	Sun	8-Oct							
wk 42	SAT	14-Oct							
	Sun	15-Oct							
	SAT	21-Oct	Coosan Lough Head	Head		4000		Coosan Point, Athlone	Connaught
	SAT	21-Oct	Bann Head	Head		3000		River Bann, Coleraine	Ulster

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wk 43	Sun	22-Oct							
	SAT	28-Oct	Castleconnell Head	Head		3000		Castleconnell	Munster
	Sun	29-Oct							
wk 45	SAT	4-Nov							
	Sun	5-Nov							
wk 46	SAT	11-Nov	Erne 4's HOR	Head		6000		Enniskillen	Ulster
	SAT	11-Nov	Skibbereen Head	Head		4000		Marina Cork	Munster
	Sun	12-Nov							
wk 47	SAT	18-Nov	Lagan Autumn HOR	Head 1 Head 2		2800 4200		River Lagan Belfast	Ulster
	Sun	19-Nov							
wk 48	SAT	25-Nov	Irish PROVINCES Indoor Rowing Championships	Championships	NON	various		Limerick	Munster
	Sun	26-Nov							
wk 49	Sat	2-Dec	Muckross HOR	Head		3000		National Rowing Centre, Cork	Munster
	Sat	2-Dec	Head of the Shannon	Head		5000		Carrick on Shannon	Connaught
	Sun	3-Dec							
	SAT	9-Dec							

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wk 50	Sun	10-Dec							
wk 51	SAT	16-Dec							
	Sun	17-Dec							
wk 52	SAT	23-Dec							
	Sun	24-Dec							
wk '53'	SAT	30-Dec							
	Sun	31-Dec							