

## ROWING IRELAND – HOME INTERNATIONAL REGATTA 2023 SELECTION STRATEGY FOR ALL TEAMS

This document details the selection strategy for the Home International Regatta 2023 being held at the **Lough Rinn, County Leitrim on Saturday 22nd July 2023.**

### SENIOR MEN and SENIOR WOMEN

A list of pre-invited or pre-selected athletes will be published by the HP team by Wednesday 21 June to confirm the number of available places for each respective category.

Athletes for the Senior Teams for the Home International Regatta will be selected at the Home International trial to be held at Cork City Regatta, NRC - 24-25 June, however athletes may be pre-invited to attend the HI trial (without need for a 2k erg test) or pre-selected to attend the Home International regatta (without the need to attend final trial) based on a number of factors, including but not limited to; previous 2023 HP trial performances, recent erg testing results, recent international performances as well as future potential based on HPD and HP coaches observations and feedback.

All others with the wish to attend the Home International trial, to race for available remaining places, must submit a competitive 2k erg score to [Strategicbusiness@rowingireland.ie](mailto:Strategicbusiness@rowingireland.ie) by 5pm Monday 12 June. Invitations to trial will then be published by 5pm Tuesday 13 June. **Emails will only be accepted from Club Secretaries**

**If a club fails to submit a 2k score, they will be deemed ineligible for selection**

Any athlete invited to trial to be considered for selection must then enter either the Division 1 1x or Division 1 2- events. Athletes will be selected based on rankings in the Finals of each of these events. If there are not enough athletes racing in finals, rankings will be taken from times in the heats.

## LIGHTWEIGHTS

A list of pre-invited or pre-selected athletes will be published by the HP team by Wednesday 21 June to confirm the number of available places for each respective category.

Athletes for the Lightweight Teams for the Home International Regatta will be selected at the Home International trial to be held at Cork City Regatta, NRC - 24-25 June, however athletes may be pre-invited to attend the Home International trial (without need for a 2k erg test) or pre-selected to attend the Home International regatta (without the need to attend final trial) based on a number of factors, including but not limited to; previous 2023 HP trial performances, recent erg testing results, recent international performances as well as future potential based on HPD/coaches observations and feedback.

All others with the wish to attend the Home International trial to race for available remaining places must submit a competitive 2k erg score to [Strategicbusiness@rowingireland.ie](mailto:Strategicbusiness@rowingireland.ie) by 5pm Monday 12 June. Invitations to trial will then be published by 5pm Tuesday 13 June. **Emails will only be accepted from Club Secretaries indicating that their athlete is entering as a lightweight in the relevant event.**

**If a club fails to submit a 2k score, they will be deemed ineligible for selection**

Invited Lightweight athletes must enter the appropriate category at Cork City Regatta and compete at the relevant weight for their lightweight category. If an athlete fails to make weight, they are unable to compete at the regatta and therefore, are ineligible for selection. Athletes will be selected based on rankings in the Finals of each of these events.

## JUNIOR MEN and JUNIOR WOMEN

**The number of available places on each squad will be pending High Performance Pre selections.**

Athletes for the Junior Teams for the Home International Regatta will be selected at the HI trial to be held at Cork City Regatta, NRC - 24-25 June, however athletes may be pre-invited to attend the Home International trial (without need for a 2k erg test) or pre-selected to attend the Home International regatta (without the need to attend final trial) based on a number of factors, including but not limited to; previous 2023 HP trial performances, recent erg testing results, recent international performances as well as future potential based on HPD/coaches observations and feedback.

All others with the wish to attend the Home International trial to race for available remaining places must submit a competitive 2k erg score to [Strategicbusiness@rowingireland.ie](mailto:Strategicbusiness@rowingireland.ie) by 5pm Monday 12 June. Invitations to trial will then be published by 5pm Tuesday 13 June. **Emails will only be accepted from Club Secretaries**

**If a club fails to submit a 2k score, they will be deemed ineligible for selection**

Any athlete invited to trial to be considered for selection must then enter either the Division 1 1x or Division 1 2- events. Athletes will be selected based on rankings in the Finals of each of these events. If there are not enough athletes racing in finals, rankings will be taken from times in the heats.

## PARA SELECTION

Para rowing athletes wishing to gain selection for the Home International Regatta must compete in the PR1/PR2/PR3 1x event at Cork Regatta. All those wishing to attend the Home International trial to race for available places must submit a 2k erg score to [Strategicbusiness@rowingireland.ie](mailto:Strategicbusiness@rowingireland.ie) by 5pm Monday 12 June. Invitations to trial will then be published by 5pm Tuesday 13 June. **Emails will only be accepted from Club Secretaries**

All para athletes wishing to compete at the HIR must receive an appropriate National classification prior to the HIR 2023. .

### COXES

It is planned that coxes for the Teams will be chosen based on a number of factors including; recent performances, the geographical locations of crews selected, current participation, coaches' feedback etc.

**Any club who wishes to have their cox(es) considered for selection for the Senior and Junior Teams, must email their intention to be considered as part of the team, along with a brief coxing CV/history to [Strategicbusiness@rowingireland.ie](mailto:Strategicbusiness@rowingireland.ie) by 5pm Monday 12<sup>th</sup> June 2023. Emails will only be accepted from Club Secretaries.**

### COACHES

It is planned that coaches will be chosen based on a number of factors including, but not limited to, experience, interaction with the HP process, the geographical locations of crews selected, number of athletes that a coach has selected etc.

**Any coach that would be interested in being considered to coach is asked to email [Strategicbusiness@rowingireland.ie](mailto:Strategicbusiness@rowingireland.ie) by Wednesday 14<sup>th</sup> June 2023 with a brief coaching CV/history.**

Coaches will be required to organize training session(s) with their respective crew(s) in preparation for the Home International event. Clubs are expected to make their athletes available for these training session(s).

### OBLIGATION TO COMPETE

Once an **invited** athlete has entered the selection process, through the Tracker system, they will be deemed available for selection. If selected and unable to compete for any reason other than medically certified, the club will remain liable for all levies applicable even if another athlete is brought in to replace them. The replacement athlete's club will be liable for the appropriate levies due for that athlete.

### ADDITIONAL SELECTION INFORMATION

In the event that there are insufficient nominations in any specific category listed above, the selection panel and/or Team Manager reserves the right to fill the remaining crews as required. The decision of the selection panel and/or Team Manager based on the information available to him/her/them will be final.

### EQUIPMENT

Clubs, whose athletes are selected as part of the Home International Team, will be expected to provide equipment to the participating crews for training and traveling to the Home International Regatta. Details of specific equipment required from clubs will be finalized after the athletes have been selected.

### LEVIES

The levy amount to be paid by each athlete, upon selection will be approximately 450 euro. This final figure is to be communicated in June. Please use the online payment system under the "Other Payments" link at the end of the Rowing Ireland website. Specify "Home International Levy" along with the other required details, so that the payment can be identified. Clubs are liable for payment of the levy in respect of each of their athletes selected.