

**ROWING IRELAND FLATWATER CALENDAR 2024 - Draft 1.0**

	DATE		EVENTS JAN - DEC 2024	TYPE OF EVENT	STATUS	LENGTH	LANES	VENUE	PROVINCE
wk 1	Jan 6th	Sat							
	Jan 7th	Sun							
wk 2	Jan 13th	Sat							
	Jan 14th	Sun							
wk 3	Jan 20th	Sat	2024 Irish Indoor Rowing Championships	Indoor Championships	NON			University of Limerick	Munster
	Jan 21st	Sun							
wk 4	Jan 27th	Sat	Shandon Head of the River	Head of the River		4.5km		Marina, Cork	Munster
	Jan 27th	Sat	Newry Head of the River	Head of the River		5km		Newry Canal	Ulster
	Jan 28th	Sun							
wk 5	Feb 3rd	Sat							
	Feb 4th	Sun							
wk 6	Feb 10th	Sat	St Michaels Head of the River (Championship categories)	Head of the River		3km		O'Briens Bridge, Clare.	Munster
	Feb 10th	Sat	New Ross Head of the River	Head of the River		18km		New Ross	Leinster
	Feb 10th	Sat	Lagan Scullers Head	Head of the River		3km		River Lagan	Ulster
	Feb 11th	Sun							
wk 7	Feb 17th	Sat	Sligo Head of the River	Head of the River		3.5km		Garavogue River, Sligo	Connaught
	Feb 18th	Sun							
wk 8	Feb 24th	Sat	Lagan HOR	Head of the River		Race 1 - 4.2km/ Race 2 - 2.7km		Belfast	Ulster
	Feb 25th	Sun							
wk 9	March 2nd	Sat	Cork Head of the River	Head of the River		4km		The Marina Cork	Munster
	March 2nd	Sat	Erne Head	Head of the River		6km		Enniskillen	Ulster
	March 3rd	Sun							
wk 10	March 9th	Sat							
	March 10th	Sun							
wk 11	March 16th	Sat	Tribesmen Head of the River	Head of the River		4.2km		Galway	Connaught
	March 17th	Sun							
wk 12	March 23rd	Sat							
	March 24th	Sun							
wk 13	March 30th	Sat							
	March 31st	Sun							
wk 14	April 6th	Sat	Neptune Regatta	Regatta	NON	1500m	2	Islandbridge	Leinster
	April 7th	Sun	Commercial Regatta	Regatta	NON	1200m	2	Islandbridge, Dublin	Leinster
wk 15	April 13th	Sat	University Championships	Championships	NON	2000m	8	Lough Rinn	Connaught
	April 13th	Sat	Skibbereen Grand League Regatta	Regatta - Grand League	FULL	2000m	6	NRC	Munster
	April 14th	Sun	Skibbereen Grand League Regatta	Regatta - Grand League	FULL	2000m	6	NRC	Munster
wk 16	April 20th	Sat	Limerick Regatta	Regatta - MultiLane	SEMI	1500m	4	O'Brien's bridge, Co. Clare	Munster
	April 21st	Sun	Schools Regatta	Regatta - MultiLane	NON	1400m	4	O'Brien's Bridge, Claire	Munster
wk 17	April 27th	Sat							
	April 28th	Sun							
wk 18	May 4th	Sat	Portadown Regatta	Regatta	NON	1000m	2	River Bann Portadown	Ulster
	May 5th	Sun							
wk 19	May 11th	Sat	Lough Rinn Regatta	Regatta - Grand League	FULL	2000m	8	Lough Rinn	Connaught
	May 12th	Sun	Lough Rinn 1k	Regatta - Multilane	NON	1000m	8	Lough Rinn	Connaught
wk 20	May 18th	Sat	Lee Regatta	Regatta - Multilane	NON	500m	5	Marina Cork	Munster
	May 18th	Sat	Belfast Sprint Regatta	Regatta	NON	500m	2	River Lagan, Belfast	Ulster
	May 18th	Sat	Castleconnell Sprint Regatta	Regatta - Multilane	NON	500m	5	Castleconnell	Munster
	May 18th	Sat	Trinity Regatta	Regatta	NON	1800m	2	Islandbridge, Dublin	Leinster

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	May 19th	Sun							
wk 21	May 25th	Sat	Dublin Mertopolitan Regatta	Regatta - Grand League	FULL	2000m	6	Blessington Lake	Leinster
	May 25th	Sat	Bantry Sprint Regatta	Regatta - Multilane	NON	500m	6	Reendonegan Lake, Bantry	Munster
	May 26th	Sun	Drinagh lake 1k Regatta	Regatta - Multilane	NON	1000m	6	Drinagh lake	Munster
wk 22	June 1st	Sat	Galway Regatta	Regatta	NON	700m	3	NUIG Grounds, Dangan, Galway	Connaught
	June 1st	Sat	Carlow Regatta	Regatta	NON	1100m	2	River Barrow Carlow	Leinster
	June 2nd	Sun	Carlow Regatta	Regatta	NON	1100m	2	River Barrow Carlow	Leinster
wk 23	June 8th	Sat	Munster Branch Regatta	Regatta - Multilane	FULL	2000m	6	National Rowing Centre Cork	Munster
	June 9th	Sun							
wk 24	June 15th	Sat	Athlone Regatta	Regatta - Multilane	NON	1000m	5	Coosan Point, Athlone	Connaught
	June 16th	Sun							
wk 25	June 22nd	Sat	Cork Regatta	Regatta - Grand League	FULL	2000m	6	National Rowing Centre Cork	Munster
	June 23rd	Sun	Cork Regatta	Regatta - Grand League	FULL	2000m	6	National Rowing Centre Cork	Munster
wk 26	June 29th	Sat							
	June 30th	Sun	Fermoy Sprint Regatta	Regatta	NON	500m	3	Fermoy	Munster
wk 27	July 6th	Sat	1km Classic	Regatta - Multilane	NON	1000m	6	National Rowing Centre Cork	Munster
	July 7th	Sun							
wk 28	July 12th	Fri	<i>IRISH CHAMPIONSHIPS</i>		<i>Championships</i>			<i>National Rowing Centre Cork</i>	<i>Munster</i>
	July 13th	Sat	<i>IRISH CHAMPIONSHIPS</i>		<i>Championships</i>			<i>National Rowing Centre Cork</i>	<i>Munster</i>
	July 14th	Sun	<i>IRISH CHAMPIONSHIPS</i>		<i>Championships</i>			<i>National Rowing Centre Cork</i>	<i>Munster</i>
wk 29	July 20th	Sat							
	July 21st	Sun							
wk 30	July 27th	Sat							
	July 28th	Sun							
wk 31	Aug 3rd	Sat							
	Aug 4th	Sun	Carrick Sprint Regatta	Regatta	NON	450m	3	Carrick on Shannon	Connaught
wk 32	Aug 10th	Sat	Shandon Masters Regatta	Regatta - Multilane	NON	1000m	4	Marina, Cork	Munster
	Aug 11th	Sun							
wk 33	Aug 17th	Sat							
	Aug 18th	Sun							
wk 34	Aug 24th	Sat							
	Aug 25th	Sun							
wk 35	Aug 31st	Sat							
	Sep 1st	Sun							
wk 36	Sep 7th	Sat							
	Sep 8th	Sun							
wk 37	Sep 14th	Sat							
	Sep 15th	Sun							
wk 38	Sep 21st	Sat	Barrow Challenge	Head of the River		18Km		New Ross	Leinster
	Sep 22nd	Sun							
wk 39	Sep 28th	Sat	Tullamore Time Trial	Head of the River		2.25km		Offaly Rowing Club , Lock 23, Gran	Leinster
	Sep 29th	Sun							
wk 40	Oct 5th	Sat	Dublin Head of the River	Head of the River		3.7km		Lower Liffey, Dublin City	Leinster
	Oct 6th	Sun							
wk 41	Oct 12th	Sat	St Michaels Head of the River (Juniors and Masters)	Head of the River		3km		O'Brien's Bridge, Co. Clare	Munster
	Oct 13th	Sun							
	Oct 19th	Sat	Bann Head of the River	Head of the River		3km		Lower Bann	Ulster

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wk 42	Oct 19th	Sat	Coosan Lough Head of River	Head of the River		4.5km		Coosan, Athlone	Connaught
	Oct 20th	Sun							
wk 43	Oct 26th	Sat	Castleconnell Head	Head of the River		3.2km		Castleconnell limerick	Munster
	Oct 27th	Sun							
wk 44	Nov 2nd	Sat	Lagan Autumn Head	Head of the River		Race 1 - 2.7km/Race 2 - 4.2 km		River Lagan, Belfast	Ulster
	Nov 3rd	Sun							
wk 45	Nov 9th	Sat							
	Nov 10th	Sun							
wk 46	Nov 16th	Sat	Skibbereen HOR	Head of the River		3.5km		Marina Cork	Munster
	Nov 16th	Sat	Erne Fours	Head of the River		5.5km		Enniskillen	Ulster
	Nov 17th	Sun							
wk 47	Nov 23rd	Sat	QUB Head of the River	Head of the River		2.8km		River Lagan, Belfast	Ulster
	Nov 23rd	Sat	Provinces Indoor Rowing Championships	Indoor Championships	NON			Various	
	Nov 24th	Sun							
wk 48	Nov 30th	Sat							
	Dec 1st	Sun							Munster
wk 49	Dec 7th	Sat	Muckcross Head	Head of the River		3km		NRC, Farran, Cork	Munster
	Dec 7th	Sat	Head of the Shannon	Head of the River		3.2km		Carrick on Shannon Rowing Club/	Connaught
	Dec 8th	Sun							
wk 50	Dec 14th	Sat							
	Dec 15th	Sun							
wk 51	Dec 21st	Sat							
	Dec 22nd	Sun							
wk 52	Dec 28th	Sat							
	Dec 29th	Sun							