



## BEACH SPRINT SELECTION POLICY

Version	Date	Author	Changes
1.0	20 <sup>TH</sup> February 2024	Coastal Rowing	New policy

## 1. Introduction

Rowing Ireland will be sending a team to represent Ireland at the following events:

- Home International Beach Sprint Regatta
- World Rowing Beach Sprint Finals
- European Coastal Rowing Championships
- Coupe de la Jeunesse

This discipline is ideal for agile and skilled scullers with a performance background.

## 2. Eligibility

*World Beach Sprints Finals, Coupe de la Jeunesse and European Coastal Championships*  
Rowers, coxes, coaches and support staff must fulfill the following criteria:

- hold a valid Irish passport and be able to travel to relevant events and training camps;
- be eligible under the World Rowing Nationality & Gender Regulations;
- be a registered member of a Rowing Ireland affiliated club;
- not be subject to any current disciplinary proceedings or ban
- not be subject to any period of ineligibility or provisional suspension due to an anti-doping rule violation
- be a fit and proper person to represent Rowing Ireland
- undergo the health screening outlined in Appendix 2 if required;
- **U19 athletes must have been born on or after Jan 1<sup>st</sup>, 2006**

*Home International beach Sprint Regatta*

Rowers, coxes, coaches and support staff must fulfill the following criteria:

- hold a valid Passport or other document permitting travel to Great Britain;
- Be eligible under the Home International Nationality & Gender Regulations;
- Be a registered member of a Rowing Ireland affiliated club;
- not be subject to any current disciplinary proceedings or ban
- not be subject to any period of eligibility or provisional suspension due to an anti-doping violation
- be a fit and proper person to represent Rowing Ireland
- **U23 athletes must have been born on or after the 1<sup>st</sup> of January 2002**
- Undergo the health screening outlined in Appendix 2 if required
- **Junior athletes must have been born on or after September 1<sup>st</sup>, 2005**

## 3. Qualification Opportunities

The following are the events offered at the relevant international regattas

Event	CM 1x	CW 1x	CJM 1x	CJW 1x	CJM 2x	CJW 2x	CMix 2x	CJMix 2x	CM 4x+	CU23mix 2x
Worlds	•	•	•	•	•	•	•	•	•	
Europeans	•	•	•	•			•	•		

Homes	•	•	•	•			•	•		•
Coupe			•	•	•	•		•		

## 4. Qualification Regattas

The selection events for each of the above will be notified to each affiliated club secretary and posted on the Rowing Ireland website and social media.

- **Worlds -**
- **Europeans**
- **Homes**
- **Coupe**

Athletes will participate in pool boats. To ensure fairness, private/club boats may not be used; however, athletes must provide their own oars. Athletes are advised that it is their responsibility to arrange boat handlers for the qualifying event. A maximum of three handlers will be permitted per boat at these events.

## 5. Qualification Process

- a) Entries must be made in the appropriate category on Tracker.
- b) In the quads, unlimited composite crews are allowed which must be approved by all club secretaries on Tracker.
- c) In nominating a crew, the club accepts that it is responsible for any levy which their club member(s) are liable for if selected.
- d) Athletes may enter several qualifying events but it is strongly recommended that they should represent Ireland in only one event at each international regatta.
- e) Should a crew withdraw from an event having qualified from an earlier round, they may take no further part in any event at the regatta.
- f) The highest placed crew of each boat type will be offered the opportunity to represent Ireland in the relevant international regatta. If the highest placed crew shall withdraw from international selection, then the opportunity will pass to the 2nd placed crew from the relevant qualifier event provided that their fastest time in the knockout stages is over 97% of the time recorded by the winner of the event. Should the 2nd placed crew be outside this time, then the opportunity shall pass to the semifinalists providing that their times are over 97% of the time recorded by the winner of the event.
- g) The crew must confirm in writing their acceptance of any offered place at the qualifying regatta by having their club secretary email [info@rowingireland.ie](mailto:info@rowingireland.ie) and attaching a screenshot of the levy payment.

**Such confirmations must be received by no later than 7pm on the Monday following the qualifying regatta. A crew is not considered confirmed until this email has been sent and the levy paid.**

**No late submissions will be allowed. Should a crew miss the confirmation time window, their place on the Irish team may be offered to the next placed crew that meets the above selection criteria.**

h) Once a crew accepts a place on the team, they may withdraw by notifying [info@rowingireland.ie](mailto:info@rowingireland.ie) at the earliest opportunity. The club remains liable for the levy even if another crew is selected to replace them.

## **6. Junior Athletes**

Club secretaries and junior athletes, please note the age limits for the above competitions as they are different to our age limits allowed for on tracker. i.e. you will be able to enter the qualification event but may not qualify for the international events. It is the club's responsibility to ensure that junior athletes are eligible to compete in these competitions.

## **7. Coxes**

Coxes must be able to sprint between 10 to 50 metres and be able to steer a quad through breaking waves.

## **8. Coaches**

Coaches for each international event will be appointed by the executive. All coaches must be Garda Vetted/Access NI approved and they must have completed Safeguarding 1.

## **9. Team manager**

A Team Manager will be appointed to each international competition by the executive. They must be Garda Vetted/Access NI approved and must have completed Safeguarding 1.

## **10. Athlete Levies**

Athletes' levies will be set annually by the executive. The levies include the provision of team gear and oar rental. Athletes are responsible for their own travel, accommodation, meals, and any additional costs. The athlete levy for 2024 will be 250 euro.

Levies must be paid by 7pm on the Monday following a qualifier event as set out in section 5.

All levies will be paid to Rowing Ireland electronically. It is the responsibility of the athlete to ensure that the levies have been paid on time. Any transactions for the athletes' equipment (covered in the levy) will be pre agreed in order for the Team Manager to carry out their duties for the Beach Sprints Team.

In addition, all athletes, coaches, team managers and boat handlers shall agree to make themselves available to any training days/camps or media duties that may occur during the year if requested to attend.

## **11. Other International Opportunities**

Should other international opportunities for national teams arise during the year, the executive shall decide whether to send a team. Should they do so, places will initially be offered to crews based on the results of the qualifying regattas.

## 12. Antidoping

All athletes attending the selection event or those selected for international competition are reminded that they are subject to the [Rowing Ireland Anti-Doping Policy](#) and should make themselves aware of the same.

## 13. Appeal Process

Any individual is entitled to make an appeal in relation to the selection process in accordance with the stated [Appeal Process](#)

For additional information or any queries please contact [info@rowingireland.ie](mailto:info@rowingireland.ie)

## 14. Code of conduct and health screening

Since this program is currently in its infancy and is not presently under the High-Performance structure, it is important that all athletes and coaches are given the ability to compete at this level.

In order to ensure that all participants are able to compete at the highest level while protecting our athletes and programme, we require that all athletes concerned submit a letter with your application stating that you have no restrictions on competing and that you are in good health standing (physically and mentally) in order to represent Ireland at this highest level.

This letter should be signed by a medical professional who can attest to your physical and mental fitness. (See appendix 1 below)

Furthermore, we may also request that you provide us with any additional documentation that may be relevant to your ability to compete at this level. Please note that failure to provide this documentation may result in your application being denied or your participation in the event being restricted.

All athletes must fill out a code of conduct form found [here](#) and email the signed form to [valerie.hely@rowingireland.ie](mailto:valerie.hely@rowingireland.ie)

In addition, all club secretaries shall confirm at least one week before each international competition to [info@rowingireland.ie](mailto:info@rowingireland.ie) that,

1. Their athletes have complied with the requirements listed out in Appendix 2 below
2. that all athletes have filled out a code of conduct form and
3. That all code of conduct forms have been emailed to [valerie.hely@rowingireland.ie](mailto:valerie.hely@rowingireland.ie)

## Appendix 1 – World Rowing Pre-Competition Health Screening

### Pre-Competition Health Screening

- All rowers competing in the World Rowing Senior, under 23, Under 19 and Beach Sprint Championship regattas must have completed a pre-competition health screening which included a questionnaire, a physical examination and an ECG following the IOC's recommended procedure. It is the responsibility of the member federation to ensure and certify that these Pre-competition Health Screening procedures have been performed and be able to provide evidence thereof if requested by World Rowing.
- All rowers competing in the World Rowing Senior, Under 23, Under 19 and Beach Sprint Championship regattas must complete the medical questionnaire and undergo a medical examination each year, and, in addition must undergo a resting ECG every three years up to the age of 23, and every five years after the age of 23.